

**Route 8 - Bethesda****Start:** 7:00AM @ Bethesda Ave. and Woodmont Aves**Pick-ups:** K St at Wisconsin Ave)

Capital Crescent Trail south towards DC

At end of trail on K Street NW turn right into

Washington Harbour

Pass through Thompson's Boathouse

Straight on Virginia Avenue

Left on 20th St NW

Right on E Street NW to Freedom Plaza