Biking Directions
To ride from East Falls Church to Ballston-MU:

* Head south from Metrorail station & cross parking lot
* Cross 19th St. N & continue on Tuckahoe St.
* Continue on W&OD Trail
* Left across the bridge & another left onto the W&OD Trail
* Follow signs for Custis Trail
* Left onto Custis Trail
* Left underneath I-66 & continue on Custis Trail
* Right at sign for Ballston
* Trail ends, continue on sidewalk of Fairfax Dr.
* Left onto N Wakefield St.
* Right to stay on N Wakefield St.
* Cross Glebe Rd. and continue on 11th St. N
* Left on N Stuart St.
* Use curb cuts to continue on N Stuart St.
* Cross Fairfax Dr. to Ballston-MU Metrorail station
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Let us lead the way—
Take the Bike Train!

Join a group ride led by folks who know the route. We’ll ride at a speed comfortable for beginners and stop at each Metro Station along the way.

*Weekdays between Monday, June 4th and Thursday, June 16th.*

**Departing from East Falls Church Metrorail station:**
* 6:30am
* 7:00am
* 7:30am

**Departing from Rosslyn:**
* 5:30pm

Bike Trains are FREE and there’s no need to register, just show up and ride!

Riders must provide their own bikes and helmets.

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Show how it’s done—
Get Involved!

Supporting people on bikes during SafeTrack will take all of us doing our part. Pitch in and volunteer with WABA.

We have lots of opportunities, from leading convoys or becoming a bike buddy, to putting up signs or cheering on your fellow riders.

Sign up now at [waba.org/safetrack](http://waba.org/safetrack)

**Bike Arlington**

Bike trains, recommended routes, and additional wayfinding signs for this SafeTrack surge provided courtesy of BikeArlington and Arlington County.

[bikearlington.com](http://bikearlington.com)
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