



2017 Vasa Ride

Schedule

8:30am-9:30am 31 mile ride departs
8:00am-12:00pm Potomac Pit Stop
open with water/gatorade
11:00am-2:30pm Blueberry soup
served at the House of Sweden

Ride Contacts

For emergencies call 911

WABA Daniel, 202.617.0849

2017 Vasa Ride: 31-mile HalvVasan

Key: R= Right, L= Left, S=Straight, **tricky maneuvers bolded**

Mi	Dir	Cue
0	S	Exit House of Sweden toward K St NW
.1	L	Left on K St. NW
.4	S	K St. NW becomes Water St NW
.7	S	Continue onto the Capital Crescent Trail at roads end
2.6	R	Right onto bridge at Fletcher's Landing (Cross C&O to parking lot)
2.9	R	Turn right out of Fletcher's Landing parking lot
3	S	Cross Canal Rd diagonally onto Reservoir Rd (short light)
3.3	L	Left on MacArthur Blvd <i>*watch for potholes</i> Continue on MacArthur for about 10.7 miles
14	R	Right on Falls Rd
16	R	Right into Potomac Village parking lot for the Potomac Pit Stop for a gatorade, water, & public restrooms
16	L	Left out of parking lot onto on Falls Rd
16.8	L	Left on Oaklyn Dr at light
19.3	R	Right on Persimmon Tree Rd
21.3	L	Left on MacArthur Blvd
27.6	R	Sharp Right on Reservoir Rd
27.9	S	Cross Canal Rd diagonally to enter Fletcher's Landing parking lot
28	S	Cross bridge back to the Capital Crescent Trail
28.1	L	Left onto Capital Crescent Trail
30.4	S	Continue on Water St. after exiting Capital Crescent Trail
30.8	R	Right on 30 th St NW towards House of Sweden
31	☺	Congratulations. Enjoy the blueberry soup!!



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Thank you to our generous 2017 Vasa Ride sponsors!



**Bike MS: Chesapeake
Challenge 2017**

Tips to make your ride AWESOME!

- Wear your helmet at all times
- Stop at stop lights & stop signs
- Yield to pedestrians
- Use hand signals when turning
- Stop safely off the road when resting or with problems
- Do not ride more than two abreast

- Help each other out if you see someone having problems
- Use caution and common sense around automobiles
- Take the lane when you need to
- Never take two lanes as a group
- Make friends!



Celebrate with WABA
at the House of Sweden
after your ride
and enjoy some
warm blueberry soup!

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