



2017 Vasa Ride

Ride Contacts
For emergencies call 911
 WABA Daniel, 202.617.0849

Schedule

7:30am-8:30am 59 mile ride departs
 8:00am-12:00pm: Potomac Pit Stop open
 11:00am-2:30pm Blueberry soup served
 at the House of Sweden

2017 Vasa Ride: 59-mile Vasaloppet

Key: R= Right, L= Left, S=Straight, **tricky maneuvers bolded**

Mi	Dir	Cue
0	S	Exit House of Sweden toward K St NW
.1	L	Left on K St NW
.4	S	K St NW becomes Water St. NW
.7	S	Continue onto the Capital Crescent Trail at roads end
2.6	R	Right onto bridge at Fletcher's Landing (Cross C&O to parking lot)
2.9	R	Turn right out of Fletcher's Landing parking lot
3	S	Cross road (Canal Rd) diagonally onto Reservoir Rd
3.3	L	Left on MacArthur Blvd <i>*watch for potholes</i> Continue on MacArthur for about 10.7 miles
14	R	Right on Falls Rd
15.9	R	Pass Potomac Villages (your pit stop will be here at mile 32 – keep going!) Restrooms available here at the Starbucks
16.0	L	Left on River Rd at light
16.7	R	Right on Norton Rd
17.2	L	Left on S. Glen Rd
18.4	R	Right on Glen Mill Rd after bridge <i>*make sure it's MILL</i>
20.0	R	Right to stay on Glen Mill Rd at roads end
21.0	L	Left on Cavanaugh Dr at stop sign
21.7	L	TURN LEFT on Piney Meetinghouse Rd at light
24.3	R	Right on Glen Rd
26.5	U	When you reach Travilah Rd, TURN AROUND to head back on Glen Rd (and/or rest at the shopping center across street before heading back). Note: this is not a staffed pit stop.
29.7	R	From Glen Rd, TURN RIGHT on S. Glen Rd

Mi	Dir	Cue
31.4	R	Right on Falls Rd
32.0	L	Left into Potomac Village parking lot for our WABA Pit Stop for water & gatorade. After resting, go LEFT to continue heading on Falls Rd. in the direction you were before.
33.0	L	Left on Oaklyn Dr at light
35.5	S	Cross Persimmon Tree Rd* > Oaklyn turns into Bradley
*	<i>BAIL?</i>	<i>Bail Option</i> (If it's past 11:45am when you reach here, you should consider bailing if you want blueberry soup at the end): <i>Right on Persimmon Tree Road, Left on MacArthur, Right on Reservoir Rd, Left on Capital Crescent to start/end.</i>
36	S	If you don't bail: Continue on Bradley Rd for 6 miles
42	L	Left on Leland St at light (note that road on right side is Hillandale)
42.2	R, S	Right onto Woodmont Ave, then straight at light onto Leland through Wisconsin
42.6	L	Bear left to stay on Leland
42.7	R	Right onto Curtis Rd
42.75	R	Quick Right onto Oakridge Ave
42.8	L	Quick Left onto Thornapple St
42.9	R	Right onto Meadow Ln (at bottom of hill)
43.4	L	Left onto Rosemary St
43.6	S	Continue straight to cross Connecticut Ave at light onto Raymond St
43.7	L	Left onto Brookville Rd (watch for traffic, cars don't stop)
43.71	R	Quick Right onto Cummings Ln
43.9	L	Left onto Brennon Ln
43.91	R	Right on Shepherd St > Shepherd turns into Pomander Ln
44.55	R	Right onto Leland St at end of Pomander Ln
44.7	R	Right onto Beach Dr Continue on Beach Dr for 4.6 miles *watch for potholes!
49.3	R	Right on Broad Branch Rd NW at intersection
50.1	L	Left on Davenport St NW (BIG hill, sorry!! ☹)
50.9	L	Left on 36 th St

Mi	Dir	Cue
51.2	R	Right on Yuma St
51.9	R	Right into traffic circle, GO three quarters of the way AROUND CIRCLE and EXIT onto Nebraska Ave WEST
52.2	S	Continue through next traffic circle to stay on Nebraska
52.8	L	Left onto New Mexico Ave NW at light
53.4	R	Right onto Hawthorne St NW – DON'T MISS THIS TURN!
53.6	L	Left on 44 th St
53.7	R	Right on Garfield St NW (THE LAST HILL!)
54	L	Left onto 49 th St NW
54.7	R	Right onto V St NW
54.8	L	Left onto MacArthur Blvd NW at light
54.95	R	Sharp right onto Reservoir Rd NW
55.2	S	Cross Canal Road diagonally to enter Fletchers Landing
55.3	S	Straight through parking lot and across bridge to trail
55.4	L	Left onto Capital Crescent Trail
58.2	S	Continue on Water St after exiting trail
58.9	R	Right on 30 th St NW towards House of Sweden
59	😊	Congratulations, welcome back! Enjoy the blueberry soup

Thank you to our generous 2017 Vasa Ride sponsors!



Tips to make your ride AWESOME!

- Wear your helmet at all times
- Stop at stop lights & stop signs
- Yield to pedestrians at all times
- Use hand signals when turning
- Stop safely off the road when resting or with problems
- Do not ride more than two abreast
- Do not follow any cyclist too closely
- Help each other out if you see someone having problems
- Use caution and common sense around automobiles
- Take the lane when you need to
- Never take two lanes as a group
- Make friends!