

ALERT! READING THIS PACKET WILL MAKE YOUR RIDE MORE FUN.

presented by

signalfinancial

Federal Credit Union

Bike with WABA. Bank with Signal.

Thank you for marshaling the 50 States Ride!

It's one of our favorite ways to celebrate bicycling in the region, and we're so glad you're along for the ride.

It's also really hard. It is a challenge like none other, so be prepared for some tough climbs, lots of stops, and tricky turns. And make sure you take care of yourself—most people don't finish the 50 States route, and that's okay! If you need to drop out, there's always next year (or a shorter route).

Read to the end to find your chance to win a free VIP 50 States cycling cap!

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Want to show off your ride on social media?
#50statesride
#statestyle

Sponsors and Partners

We would like to thank Signal Financial Credit Union for their generous title sponsorship of this year's 50 States Ride.



Signal Financial is a community partner who cares deeply about our region, serving 200 small-to medium-sized companies, members of WABA, and almost 23,000 other individuals in the Washington area. Signal Financial is a full-service, not-for-profit financial institution that returns profits to its members in the form of better rates on loans, higher dividends on deposits, a rewards program, and other benefits. WABA members have the opportunity to open a credit union account with Signal.







In-Kind Sponsors

Mellow Mushroom
Drinkmore Water
KIND Snacks
Giant Food
Bicycle SPACE
Gearin' Up Bicycles
Coffee Nature

Three Stars Brewing
Bold Rock Cider
Peregrine Espresso
Sugar Shack Donuts
Drinkmore Water
Primal

Venue Address

The start location for all four of the 50 States Ride routes is Walter Pierce Park, 2700 Adams Mill Road NW, Washington, DC 20009. All routes end at Mellow Mushroom in Adams Morgan, 2436 18th Street NW.

Getting There

The start location, Walter Pierce Park, in the Adams Morgan neighborhood of DC. It is accessible by bicycle on the Rock Creek Park Trail and the surrounding neighborhoods. If arriving by public transit, the closest metro station is Woodley Park, on the Red Line. There are also several bus lines with stops nearby, including a Circulator bus, all of which have bike racks on the front. If arriving by car, there is limited parking available in the Adams Morgan neighborhood (find out more).

Locking Your Bike

There will be limited bike parking at the start and end locations. If you plan to spend time at the post-ride celebration at Mellow Mushroom, bring a lock for your bike. If you don't want to carry the lock with you on the ride, you may label it (we'll have duct tape and a sharpie for you) and give it to us. We'll bring it to Mellow Mushroom.

Schedule of Events

Saturday, September 8th, 2018

Cue sheets will be distributed at check-in. They're long! This is a wild route with lots and lots of turns (you'll probably get lost)! Files¹ of the routes are at <u>waba.org/50statesroutes</u>.

50 States (61.9 miles) | Digital Route Files

- **Check in:** Walter Pierce Park, 7:00am 8:00am
- **Rolling start:** Walter Pierce Park, 7:30am 8:00am
- **Pit Stop 1:** Signal Financial at CityCenterDC (mile 4), 7:30am-1:00pm
- **Pit Stop 2:** Anacostia Park (mile 18), 8:45am 11:30am
- Pit Stop 3: Lunch at Eastern Market (mile 31), 10:30am 2:00pm
- **Pit Stop 4:** Lisa & Mike's Place (mile 47), 12:00pm 4:30pm
- **Pit Stop 5:** Coffee Nature (mile 54), 1:00pm 5:30pm

Route 66 (35.5 miles) | Digital Route Files

- **Check in:** Walter Pierce Park, 8:00am 9:00am
- **Rolling start:** Walter Pierce Park, 8:30am 9:00am
- **Pit Stop 1:** Anacostia Park (mile 17), 8:45am 11:30am
- Pit Stop 2: Lunch at Eastern Market (mile 21), 10:30am 2:00pm
- Pit Stop 3: Signal Financial at CityCenterDC (mile 24), 7:30am 1:00pm

13 Colonies (15.5 miles) | Digital Route Files

- **Check in:** Walter Pierce Park, 9:00am 10:00am
- **Rolling start:** Walter Pierce Park, 9:30am 10:00am
- Pit Stop 1: Lunch at Eastern Market (mile 8), 10:30am 2:00pm
- Pit Stop 2: Signal Financial at CityCenterDC (mile 11), 7:30am 1:00pm

Join us for a **post-ride celebration** at Mellow Mushroom in Adams Morgan, from 12:00pm – 6:00pm. You'll be able to buy discounted WABA merchandise, renew your membership, and hang out with other riders—plus, you get a free drink on us!

¹If you're using a GPS device, you'll need to download the file you need in advance and load it into your device. RidewithGPS has an app that provides good turn-by-turn directions, but it requires a \$6/mo subscription. Don't stress about this—our cue sheets are good! And, we'll provided a free Google Maps layer for each route.

Ride Information

Disclaimer

The following expectations were shared with riders:

"This is an unsupported ride. That means there are no SAG vehicles. If there is an emergency, call 911. If you have a non-emergency issue, let a ride marshal in a yellow vest know. They will direct you on next steps.

Marshals are WABA volunteers who are the first line of response in incidents that involve ride participants and are also an avenue of communication between ride participants and WABA staff members. They are as new to the route as you are, so don't treat them as ride leaders—read your cue sheets!

If you feel unable to finish the ride at any time, you are free to withdraw and make your own way home or to the post-ride celebration. We suggest you bring a SmartTrip card, charged cell phone, and \$20 for cab fare with you. It's also a good idea to have a friend or family member in the city "on-call" to come pick you up along the route in case of an emergency, a bike mechanical issue, or if you just don't feel like riding any more."

Bathrooms

Bathrooms are located at the ride start, each pit stop (onsite or at a friendly nearby business expecting us), and at the post-ride celebration. There are also ample opportunities to stop at local establishments along the ride.

Time Limits

As an unsupported ride, there is no time limit for the 50 States Ride routes—WABA will not ask any rider to stop riding. However, check-in, the pit stops, and the post-ride celebration are only open during the hours specified here.

What to Bring

- Weather appropriate clothing
- "State Style" costume (see below for more details)
- Helmet (Required by our insurance. You can't ride without one.)
- Water bottles (there will be refill stations at pit stops)
- Saddle bag (to carry spare tube, tire levers, and pump)
- Charged cell phone and charger
- Sunglasses and sunscreen
- Additional snacks
- An adventurous spirit!

Day-of Changes

Given the expanse of the ride, WABA doesn't always know of last-minute changes to the route. There might be unexpected construction or a last-minute road closure. Marshals should report any changes to us via text or call (you can reach us at 202-838-7581), and we will get the word out as quickly as we can! Any day-of route changes will be:

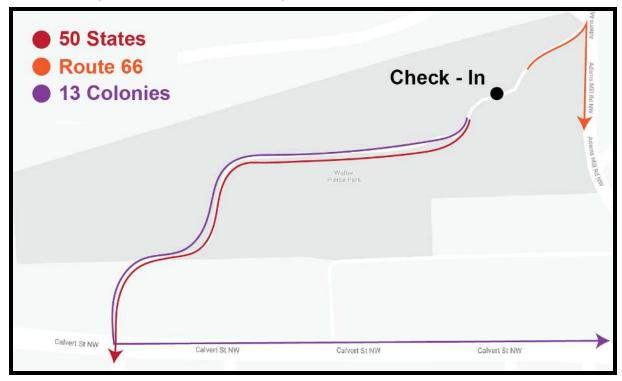
- Shared at every pit stop, with a paper map
- Shared on Twitter (@wabadc) and Facebook (facebook.com/wabadc)

Site Maps

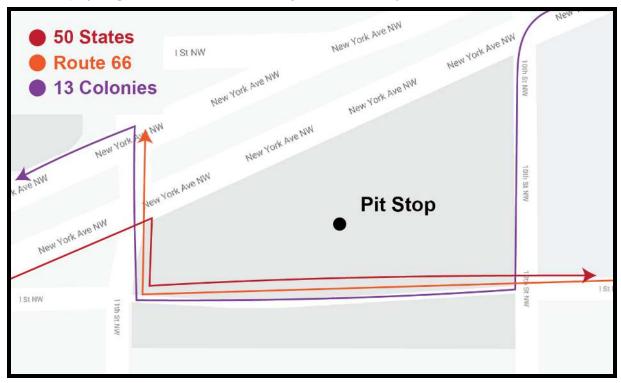
Each pit stop will also be noted on the cue sheet. You'll be able to refill your water bottles, have a snack, connect with WABA staff and volunteers, and take a few minutes off your bike.

Bike parking will be provided at Mellow Mushroom. Bathrooms are available at every pit stop.

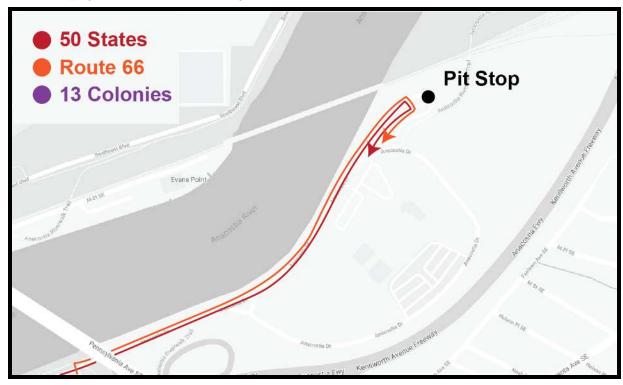
Check-In | Walter Pierce Park | 2700 Adams Mill Rd NW



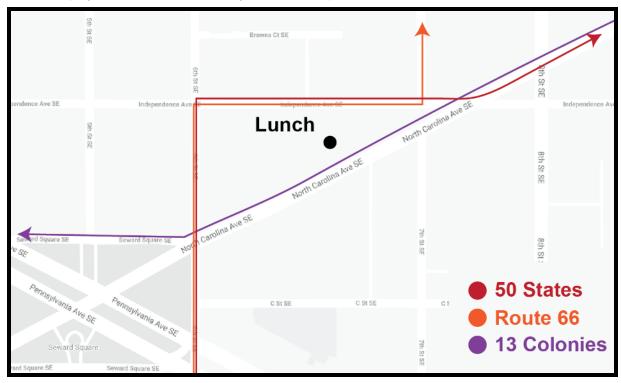
Pit Stop | Signal Financial at CityCenterDC | 825 10th St NW



Pit Stop | Anacostia Park | 1500 Anacostia Dr



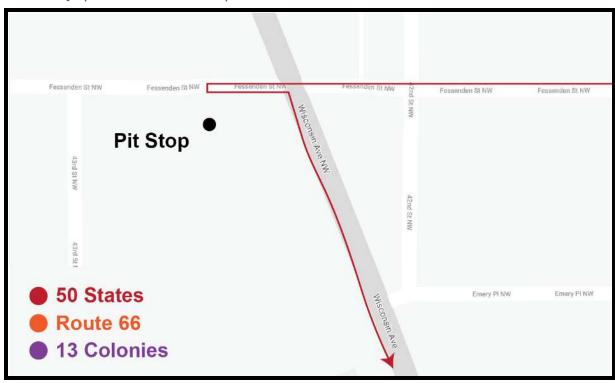
Pit Stop | Eastern Market | 662 Independence Ave SE



Pit Stop | Lisa & Mike's Place | 7130 8th St NW



Pit Stop | Coffee Nature | 4224 Fessenden St NW



Celebration | Mellow Mushroom | 2436 18th St NW



"State Style" Costume Contest

With Tour de Fat not coming to DC this year, there's a vacuum where silliness on bikes is concerned. We want to recapture some of that silliness, so we're running a contest: dress up in a costume, show off your style, or highlight your wacky or unique bike. The theme is *states*, so you can choose to show off your home state, or you can interpret the theme more broadly: state of mind, stately, etc.

Costumes may or may not be your thing, but full costumes, team tutus, helmet decorations, or a simple state-themed jersey are all welcome. (Sidenote: Please don't dress up as anything offensive. This contest is for fun, and we'd really hate for you to bring the mood down for other people.)

How it works

To enter the contest, just post a picture of yourself, all state-ed up, to Facebook, Twitter, or Instagram, with the hashtags #statestyle #50statesride by 6pm on the day of the ride. We'll decide on the best costume, and the winner will get a **free one-year membership**, a **50 States VIP cycling cap**, and a **social media shoutout** that will bring them everlasting fame and fortune.



Do you have more questions? Visit our <u>FAQs page</u> or email <u>events@waba.org</u>.

We appreciate you helping us grow bicycling in the region by marshalling this ride—and thank you for being a WABA member! Have fun riding!

