

Before Heading Out

A-Air

- Air pressure check (use thumb or gauge)
- Tire Tread Check (look for cracks)
- Wheel wobbles or wiggly (side to side is bad)

B-Brakes

- Engagement
- Clear of debris
- Still have life

C-Chain, Cranks, Cogs

- Free movement
- Clear of gunk, rust, & oil
- Crank doesn't wiggle (side to side is bad)

Quick Check

- Quick releases/wheel bolts secure
- Quick joyride to find any kinks

***Get a tune up annually or as needed**

Winter Biking Workshop

