

COVID-19 Health and Safety Plans

What to expect at
a WABA Learn to Ride class



What to Expect at Class

- **Reduced class size**

- 7 participants + 3 instructors

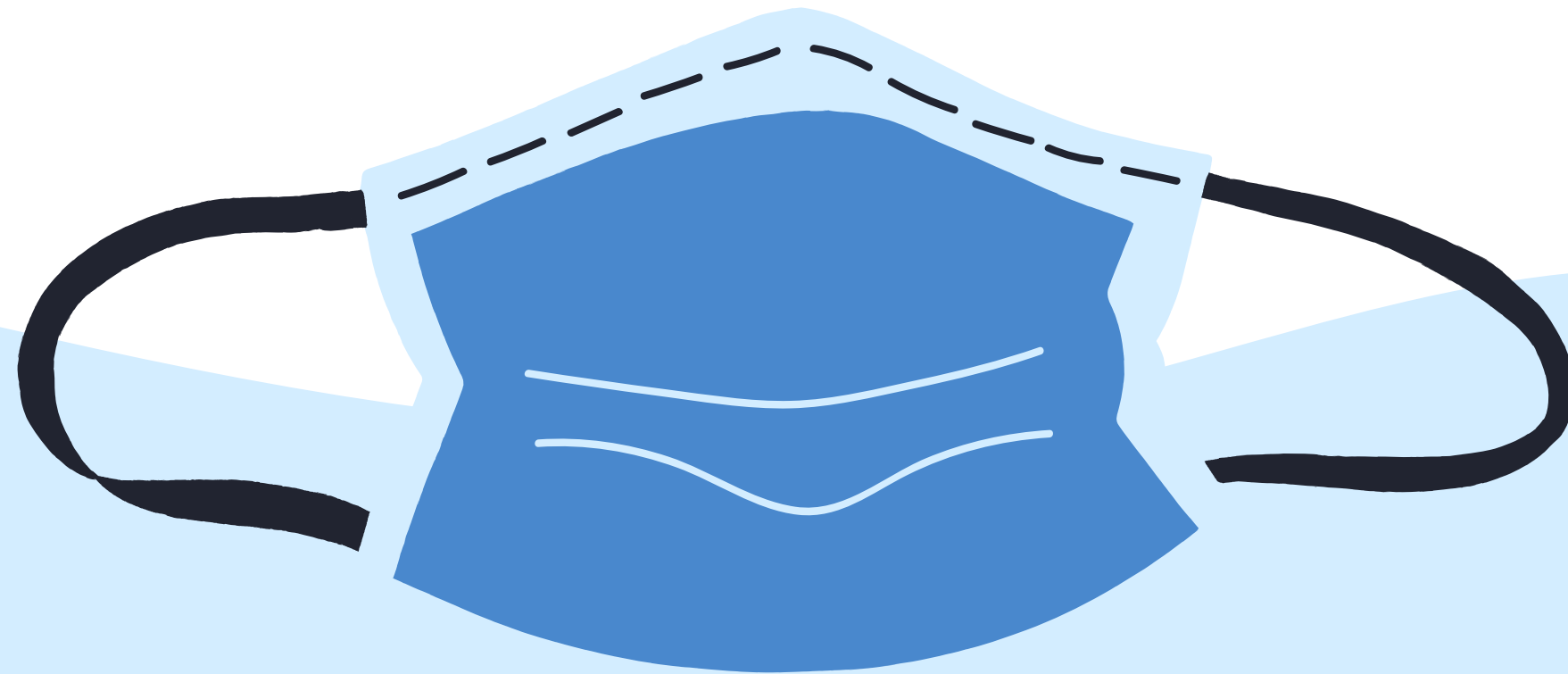
- **Masks and social distancing**

- All participants and instructors must maintain 6 ft of space between one another
- All participants and instructors must wear masks for the duration of the class
- You must leave the marked off class space in order to have a masks off break, drink water or eat a snack.

- **Hand sanitizer and cleaning supplies readily available**

- Use hand sanitizer before and after touching your bike, your mask, or helmet.
- WABA instructors will sanitize your bike for you before you arrive to class.

Face masks must meet the following criteria:



It is attached above your nose and below your chin – no bandanas



It is not loose, does not fall off and is properly worn.



It is breathable and comfortable.



Please bring your own mask to class! We have limited extras to give to those who need one.

What to Bring to Class

- A mask
- Close toed shoes
- Comfortable athletic clothing
- Personal snacks + water
- Personal sunscreen
- Personal hand sanitizer to keep in your pocket



Important Things to Note

- **No walkups allowed**

- All participants must register online beforehand.
- Your name must be on the roster in order to be admitted to class.

- **Participants must administer their own first aid**

- In the event of a minor injury, participants will be provided with first aid materials to treat themselves.
- If an individual is unable to treat themselves, or a more serious injury occurs, WABA staff will call for additional medical care.

- **What to do when you arrive to class**

- Find an instructor in a teal polo and verbally check in with them
- An instructor will help you find a bike that is the right size for you
- Be sure to listen to the instructors for rules and next steps

FAQs

- **Will WABA be conducting contact tracing?**

- By registering for class, all participants have given WABA their consent to contact them in the event that a participant has received a positive COVID-19 diagnosis or has been exposed to someone who has. Please email education@waba.org if you may have exposed others in class. Your name and any subsequent information will not be shared with anyone else.

- **What if I am feeling sick the morning of the class?**

- Please do not attend class if you are feeling sick.
- If you cannot attend due to illness, you will receive a full refund. Email us at education@waba.org.
- WABA will not be conducting temperature screenings when participants arrive to class.

