Leg	Dir	Type	Notes	Total
	↑	Generic	START: Route begins at Jones Point Park	0.0
0.1	1	Water	Go south on the Mount Vernon Trail, under the bridge, to start your ride.	0.1
0.1	\rightarrow	Right	Slight right to stay on Mt Vernon Trail	0.2
0.2	\rightarrow	Right	Turn right to go under the bridge towards S Royal St	0.4
0.1	†	Straight	Continue onto S Royal St. Caution at the barrier	0.5
0.2	←	Left	Turn left onto Jefferson St	0.7
0.2	†	Straight	Cross Washinton Street and prepare to take your next right	0.9
0.1	\rightarrow	Right	Turn right onto S Columbus St (unmarked)	0.9
0.2	←	Left	Turn left onto Wilkes St onto "Bikes Only" trail between buildings	1.2
0.3	\rightarrow	Right	Turn right onto S Payne St	1.5
0.1	←	Left	Turn Left onto Roundhouse Lane	1.5
0.1	→	Right	Turn right onto S West St	1.6
0.3	←	Left	Turn left onto Cameron St	1.9
0.3	→	Right	Turn right onto Commonwealth Ave. Watch for repaving work	2.2
2.4	→	Right	Turn right onto Four Mile Run Park Trail	4.6
0.2	←	Left	Turn left to take the sidewalk across the US 1 bridge	4.8
0.1	←	Left	Turn left to get on the Four Mile Run Trail	4.9
0.7	←	Slight Left	Slight left to stay on Four Mile Run Trail and go under bridge	5.6
0.4	←	Left	Turn left to stay on Four Mile Run Trail	5.9
0.3	←	Left	Turn left to stay on Four Mile Run Trail	6.3
0.5	→	Right	Turn right onto sidewalk in front of Exxon	6.8
0.0	←	Left	Turn left onto Washington and Old Dominion Trail	6.8
0.5	†	Straight	Stay on the Washington and Old Dominion Trail (crossing Walter Reed)	7.4
0.6	←	Left	Stay on the Washington and Old Dominion Trail (crossing S George Mason Dr)	8.0
0.4	→	Slight Right	Stay on Washington and Old Dominion Trail (cross Columbia Pike)	8.4

Leg	Dir	Туре	Notes	Total
0.7	→	Right	Slight right to stay on Washington and Old Dominion Trail	9.2
1.1	†	Water	Pit stop ahead! Take a break at the Bluemont Junction Park pit stop.	10.2
0.5	←	Left	Turn left toward N Arlington Mill Dr (before bridge on trail)	10.7
0.0	\rightarrow	Right	Turn right onto N Arlington Mill Dr	10.7
0.0	←	Left	Turn left at fork and follow sidewalk to driveway apron	10.8
0.0	←	Left	Turn left onto N Liberty St	10.8
0.0	\rightarrow	Right	Turn right onto 10th Rd N	10.8
0.1	→	Right	Turn right onto Patrick Henry Dr	11.0
0.5	←	Left	Turn left onto 16th St N	11.5
0.0	→	Right	Slight right onto N Lexington St	11.5
0.9	←	Left	Turn left onto 26th St N	12.4
1.1	→	Right	Turn right onto Washington Blvd	13.5
0.2	→	Slight Right	Slight right onto N Westmoreland St	13.7
0.2	→	Right	Turn right onto Williamsburg Blvd	13.9
0.7	←	Left	Turn left at T intersection (Sycamore/ Williamsburg) and then right onto Little Falls Road around the strip mall	14.6
0.0	\rightarrow	Right	Turn right onto Little Falls Road around the strip mall	14.6
0.5	\rightarrow	Right	Turn right onto N Little Falls Rd	15.1
0.4	\rightarrow	Right	Turn right onto Yorktown Blvd	15.4
0.7	←	Left	Keep left to stay on Yorktown Blvd (cross Glebe and Old Dominion)	16.1
0.2	←	Left	Turn left at the T intersection onto 26th St N (unmarked)	16.3
0.7	1	Straight	Continue onto 31st St N	17.1
0.3	\rightarrow	Right	Turn right onto Military Rd	17.3
0.2	\rightarrow	Right	Turn right into the Zachary Taylor Park pit stop	17.5
0.0	→	Right	Turn right out of Zachary Taylor Park onto Military Rd to continue your ride	17.5
0.6	1	Straight	Continue onto Nelly Custis Dr	18.1
0.4	←	Left	Turn left onto Lorcom Ln	18.5

Leg	Dir	Type	Notes	Total
0.4	→	Right	At N Edgewood St, slight right onto the trail through the park	18.9
0.1	→	Right	Turn right toward Custis Trail (cross under I-66)	19.0
0.1	1	Straight	Continue onto Custis Trail	19.1
0.0	→	Right	Sharp right to stay on Custis Trail (watch for trail traffic!)	19.1
0.6	←	Left	Turn left to stay on Custis Trail (steep downhill)	19.8
0.8	1	Straight	Cross Lynn Street and continue on Mount Vernon Trail. Watch for traffic!	20.5
0.2	1	Straight	Continue on trail and cross bridge over the GW Memorial Parkway.	20.7
0.2	→	Right	Cross Roosevelt Island parking lot at crosswalk - stay on the Mt Vernon Trail	20.9
0.2	←	Slight Left	Slight left to stay on Mt Vernon Trail	21.1
0.7	1	Generic	Yield to pedestrians while crossing under Memorial Bridge!	21.8
1.1	←	Slight Left	Keep left to stay on Mt Vernon Trail. (Do NOT take 14th Street Bridge!)	22.9
1.7	→	Right	Turn right to go down the hill on Mt Vernon Trail	24.6
0.1	1	Straight	Continue through the tunnel on the Mount Vernon Trail	24.7
0.2	1	Water	Pit Stop ahead! Take a break at the Crystal City Water Park pit stop	24.9
0.0	←	Left	Turn left onto Crystal Dr	24.9
0.5	\rightarrow	Right	Turn right onto 26th St S	25.4
0.1	←	Left	Turn left onto S Clark St. Watch for ventilation grates in roadway!	25.5
0.2	←	Left	Turn left onto 27th St S (not marked)	25.7
0.0	†	Straight	Cross Crystal Drive and continue onto S Potomac Ave	25.7
0.0	↑	Straight	Slight right to get on the Potomac Yard Trail	25.7
1.1	←	Left	Cross Potomac Ave at crosswalk to continue on Potomac Yard Trail	26.8
0.7	←	Left	Slight left onto Potomac Yard Trail	27.5
8.0	←	Left	Turn left onto E Braddock Rd	28.3
0.1	←	Left	Turn left onto N West St and prepare to turn right on Wythe Street	28.4

Leg	Dir	Type	Notes	Total
0.0	\rightarrow	Right	Turn right onto Wythe St	28.4
0.7	\rightarrow	Right	Turn right onto N Fairfax St	29.1
0.1	←	Left	Turn left onto Pendleton St	29.2
0.1	†	Straight	Continue onto N Union St	29.3
1.0	←	Left	Turn left onto Mt Vernon Trail	30.2
0.3	1	Generic	FINISH: Route ends at Jones Point Park	30.5

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