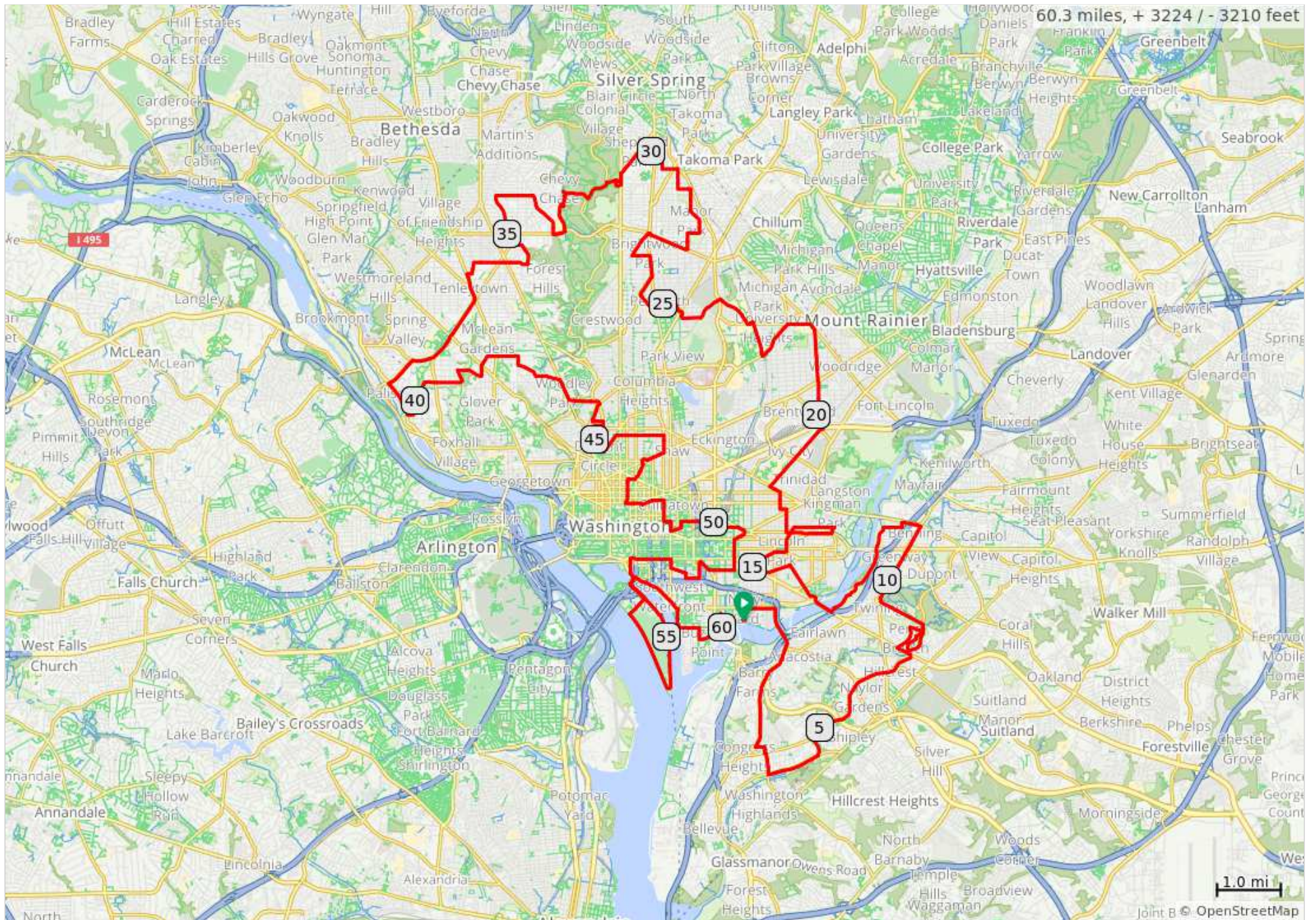


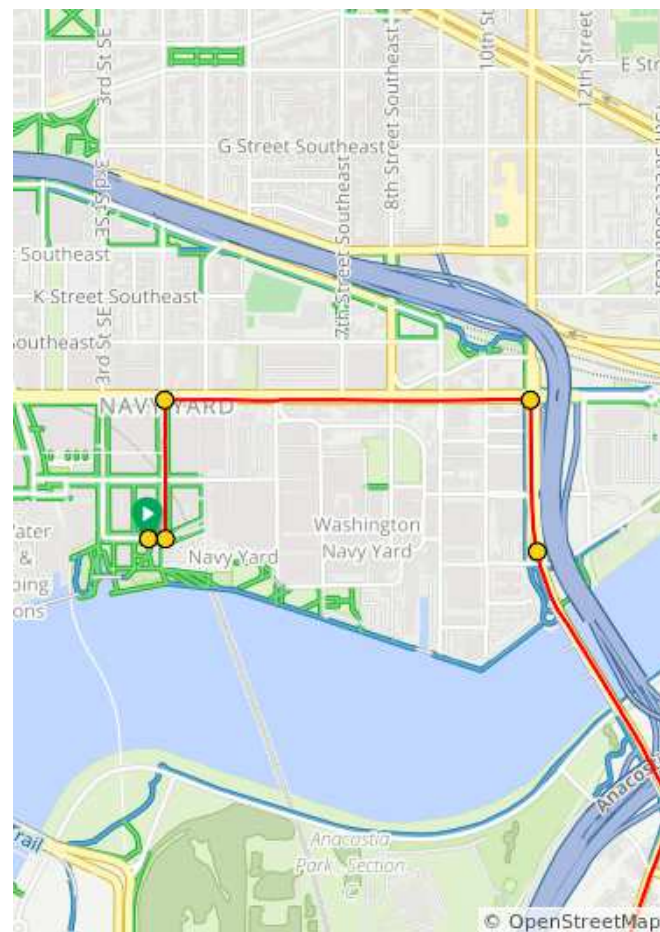
2021 50 States Route



2021 50 States Route

Num	Dist	Type	Note	Next
1.	0.0	<i>i</i>	ROUTE START: from Yards Park, head towards 4th St SE	0.0
2.	0.0	←	Head north on 4th St SE to start your ride!	0.2
3.	0.2	→	R onto M St SE	0.5
4.	0.7	→	R onto 11th St SE before the bridge	0.2
5.	0.9	↑	Use the sidewalk to continue on the 11th St SE bridge	0.3

0.9 miles. +39/-24 feet



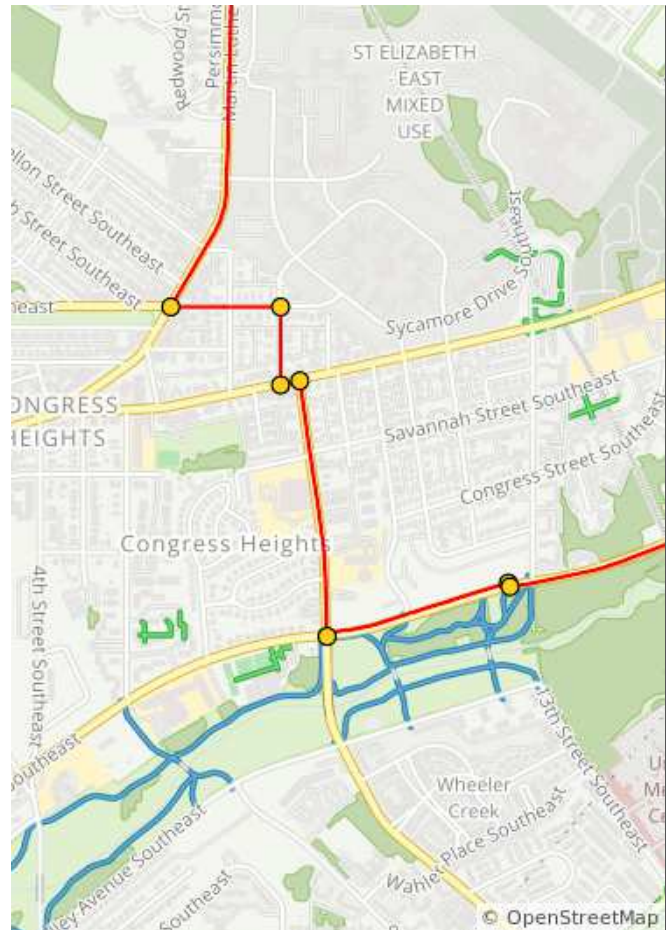
Num	Dist	Type	Note	Next
6.	1.2	↑	Continue onto Martin Luther King Jr Avenue SE	0.7
7.	1.9	↑	Continue straight across Suitland Parkway. Get ready for your first climb of the day!	1.1

1.0 miles. +41/-25 feet



Num	Dist	Type	Note	Next
8.	3.1	←	L onto Malcolm X Ave SE	0.1
9.	3.2	→	R onto 8th St SE	0.1
10.	3.3	←	L onto Alabama Ave SE (watch for traffic!)	0.0
11.	3.3	→	R onto Wheeler Rd SE	0.3
12.	3.7	←	L at Mississippi Ave SE	0.3
13.	3.9	→	R toward Mississippi Ave SE	0.0
14.	3.9	←	L onto Mississippi Ave SE	0.6

2.0 miles. +21/-96 feet



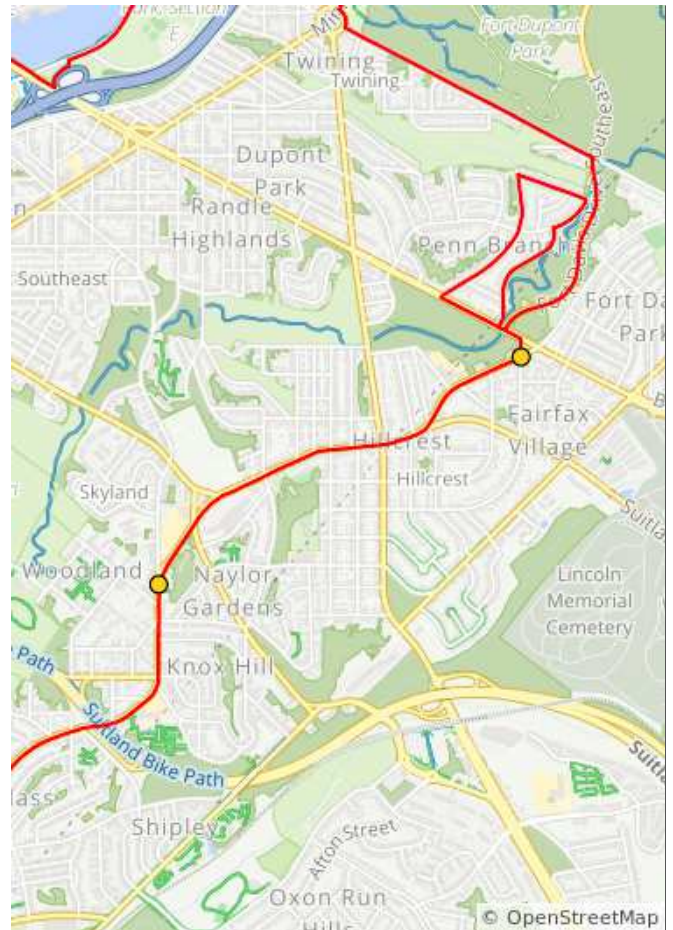
Num	Dist	Type	Note	Next
15.	4.5	←	L onto Stanton Rd SE	0.3
16.	4.8	→	R onto Alabama Ave SE	1.0

0.9 miles. +89/-0 feet



Num	Dist	Type	Note	Next
17.	5.8	➡	Slight R to stay on Alabama Ave SE	1.2
18.	7.0	⬅	L onto 38th St SE (if you hit Pennsylvania Ave SE you have gone too far)	0.0

2.2 miles. +33/-48 feet



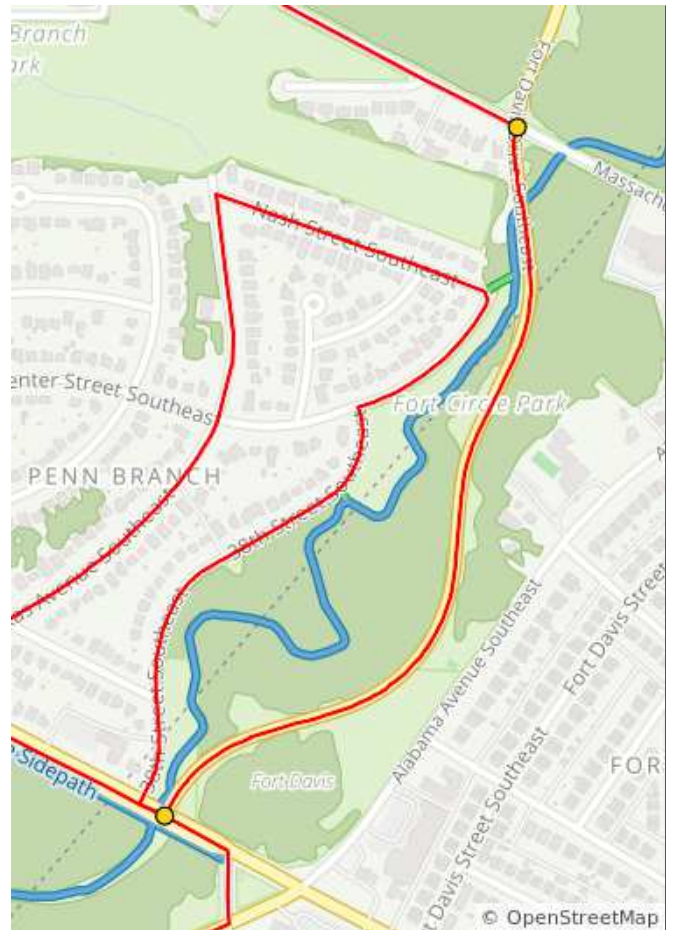
Num	Dist	Type	Note	Next
19.	7.0	⬅	L onto Pennsylvania Ave. SE	0.2
20.	7.3	➡	R onto Texas Ave SE	0.4
21.	7.7	➡	R onto Nash St SE	0.2
22.	7.9	➡	Nash St SE turns slightly R and becomes Carpenter St SE	0.1
23.	8.0	⬅	L onto 38th St SE	0.3
24.	8.3	⬅	L onto the sidewalk on Pennsylvania Ave. SE	0.0

1.3 miles. +96/-120 feet



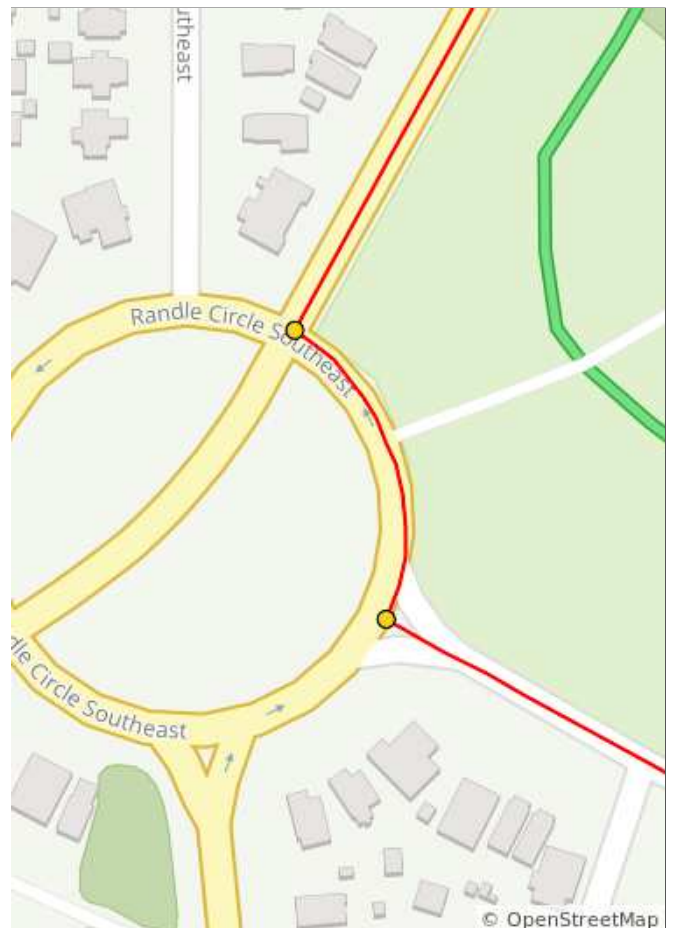
Num	Dist	Type	Note	Next
25.	8.3	←	L onto Fort Davis Dr (unmarked, but there is a sign for Fort Davis park)	0.6
26.	8.9	←	L onto Massachusetts Ave SE	0.7

0.6 miles. +39/-77 feet



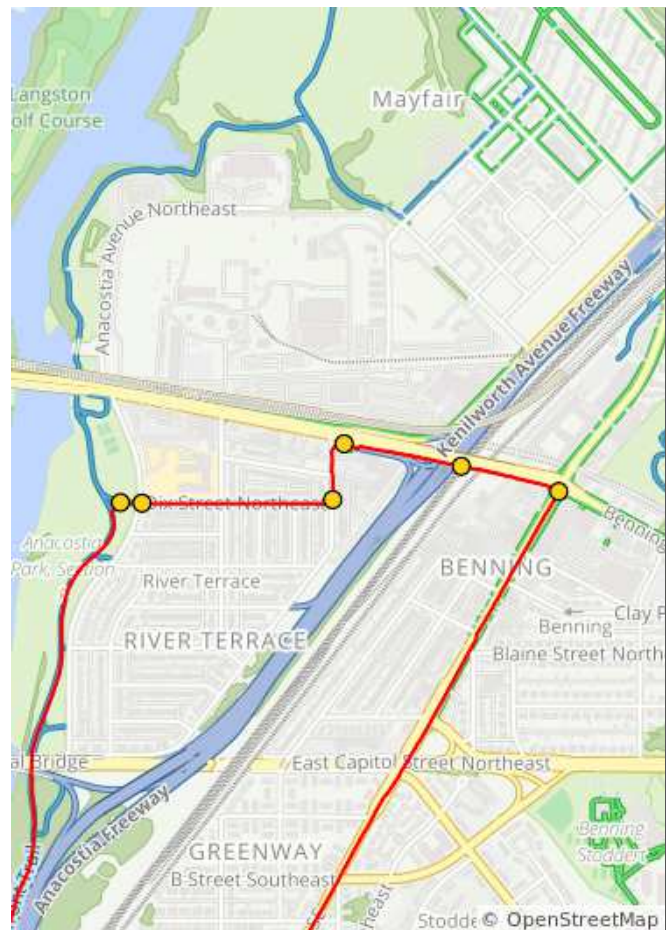
Num	Dist	Type	Note	Next
27.	9.7	→	R onto Randle Cir SE	0.1
28.	9.7	→	R onto Minnesota Ave SE	1.3

0.8 miles. +0/-7 feet



Num	Dist	Type	Note	Next
29.	11.0	←	L onto the sidewalk on Benning Road NE	0.1
30.	11.1	↑	Continue on the Benning Road NE sidewalk across the bridge	0.2
31.	11.3	←	L onto 36th St NE	0.1
32.	11.4	←	L onto Dix St NE	0.3
33.	11.7	↑	Cross Anacostia Ave NE onto the Anacostia Riverwalk Trail	0.0
34.	11.7	←	L onto Anacostia Riverwalk Trail	0.0

2.0 miles. +8/-36 feet



Num	Dist	Type	Note	Next
35.	11.7	←	L to continue on the Anacostia Riverwalk Trail	0.3
36.	12.0	↑	Continue on the Anacostia Riverwalk Trail under East Capitol St Bridge	0.5

0.3 miles. +10/-4 feet



Num	Dist	Type	Note	Next
37.	12.5	↗	Stay R at the fork	0.2
38.	12.7	↑	Continue straight on the Anacostia Riverwalk Trail over the railroad tracks	0.2
39.	12.9	→	R to stay on Anacostia Riverwalk Trail. Your first pit stop is just ahead!	0.0
40.	13.0	i	The Anacostia Park Pit Stop is ahead on the left!	0.0
41.	13.0	←	L onto Anacostia Dr	0.3

1.0 miles. +2/-6 feet



Num	Dist	Type	Note	Next
42.	13.3	←	L to take the Anacostia Riverwalk Trail up the hill	0.1
43.	13.4	→	R to stay on Anacostia Riverwalk Trail across Sousa Bridge	0.4
44.	13.7	←	Keep L at the fork to stay on sidewalk towards Barney Circle	0.1
45.	13.8	→	Continue around Barney Circle to Kentucky Avenue Southeast	0.0

0.8 miles. +55/-21 feet



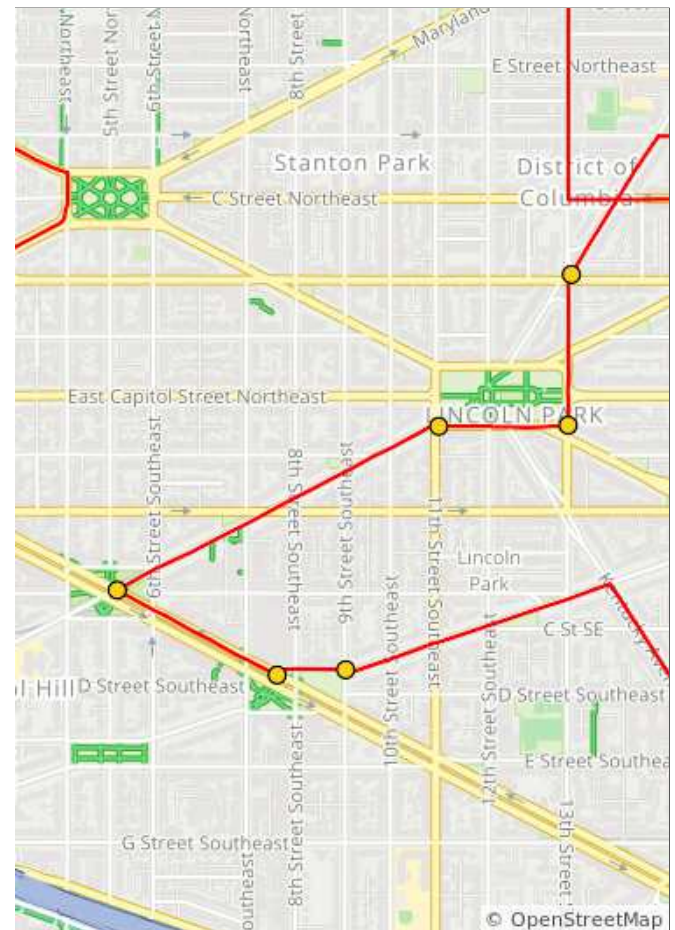
Num	Dist	Type	Note	Next
46.	13.8	→	R onto Kentucky Ave Southeast (before Pennsylvania Ave)	0.6
47.	14.4	←	L onto South Carolina Ave Southeast	0.4

0.6 miles. +34/-0 feet

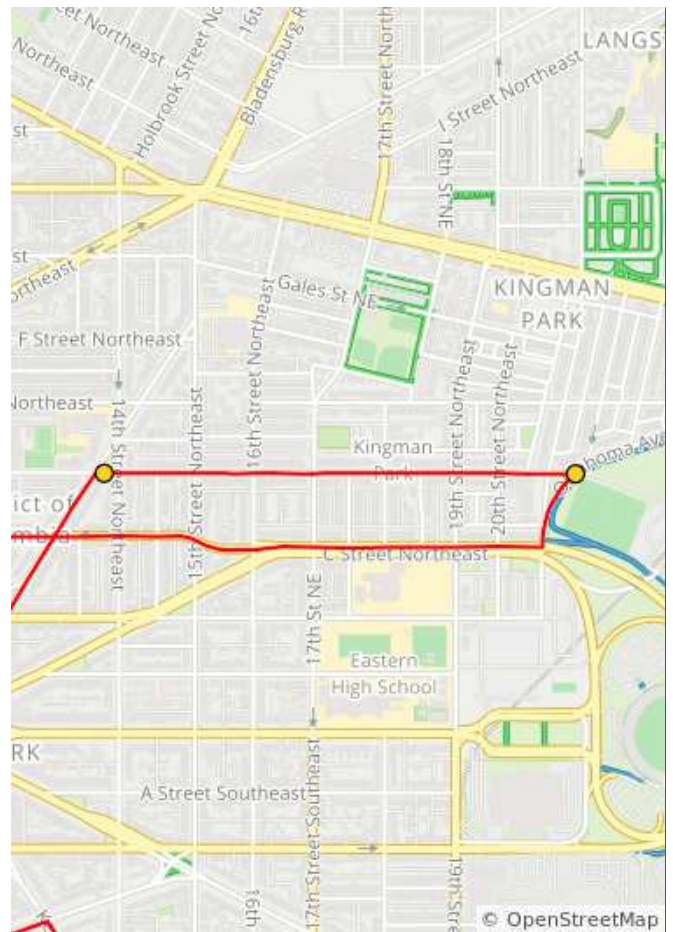


Num	Dist	Type	Note	Next
48.	14.8	↑	Continue onto D St Southeast	0.1
49.	14.9	→	R onto Pennsylvania Ave Southeast	0.2
50.	15.1	→	R onto North Carolina Ave Southeast	0.5
51.	15.6	↑	Continue onto East Capitol St Southeast	0.2
52.	15.8	←	L onto 13th St SE	0.2
53.	16.0	→	Slight R onto Tennessee Ave Northeast	0.2

1.6 miles. +13/-6 feet

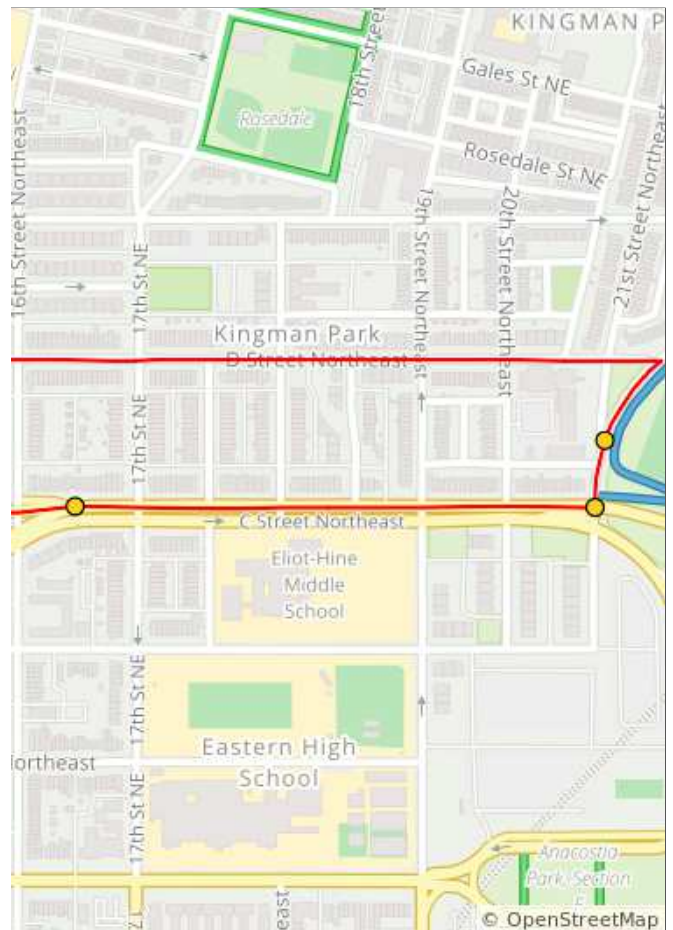


Num	Dist	Type	Note	Next
54.	16.2	→	R on to D St Northeast	0.6
55.	16.8	→	Sharp R onto Oklahoma Ave Northeast	0.1



0.8 miles. +1/-49 feet

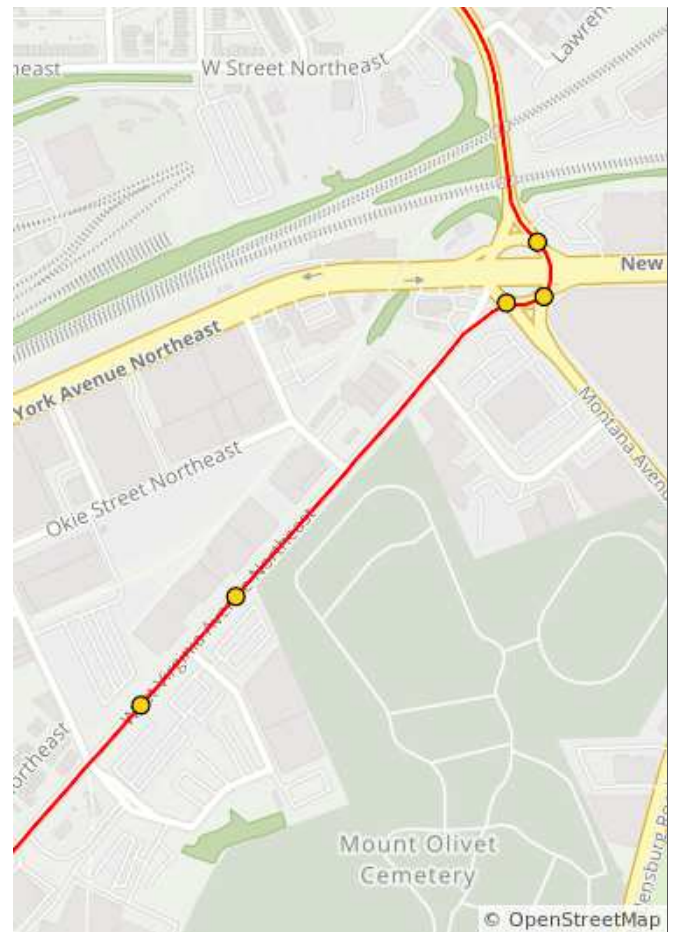
Num	Dist	Type	Note	Next
56.	16.9	↑	Continue onto 21st St Northeast	0.0
57.	16.9	→	R onto C St Northeast	0.3
58.	17.3	→	Keep R to stay on C St Northeast	0.4



0.5 miles. +37/-0 feet

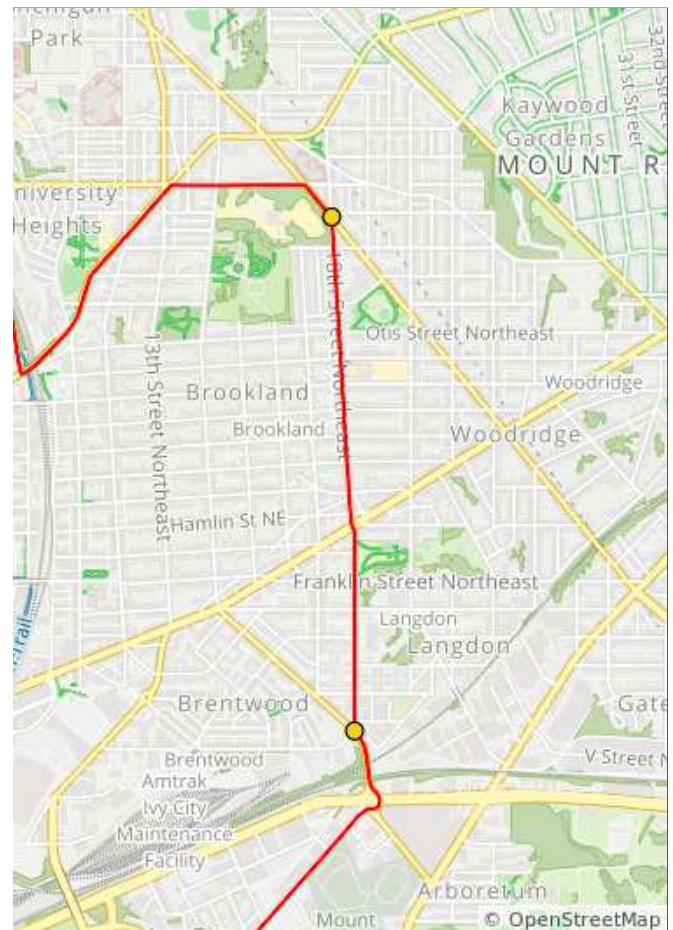
Num	Dist	Type	Note	Next
64.	19.4	<i>i</i>	The Atlas Brew Works pit stop is ahead on your left!	0.1
65.	19.5	←	Atlas Brew Works pit stop is on your left—use caution turning in!	0.3
66.	19.8	→	R to go around the traffic circle	0.0
67.	19.8	←	Slight L to continue around the circle	0.0
68.	19.8	→	Exit the circle onto Montana Ave NE. Watch for traffic under the bridge!	0.2

1.3 miles. +0/-21 feet

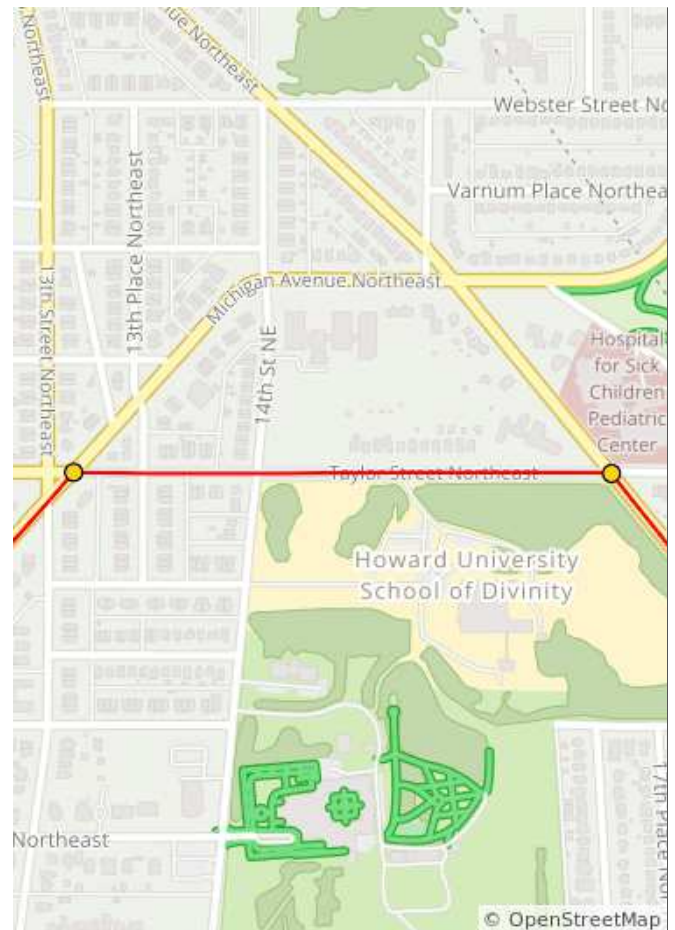


Num	Dist	Type	Note	Next
69.	20.0	→	Slight R onto 18th St Northeast	1.4
70.	21.4	←	L onto South Dakota Ave Northeast	0.1

1.5 miles. +103/-107 feet

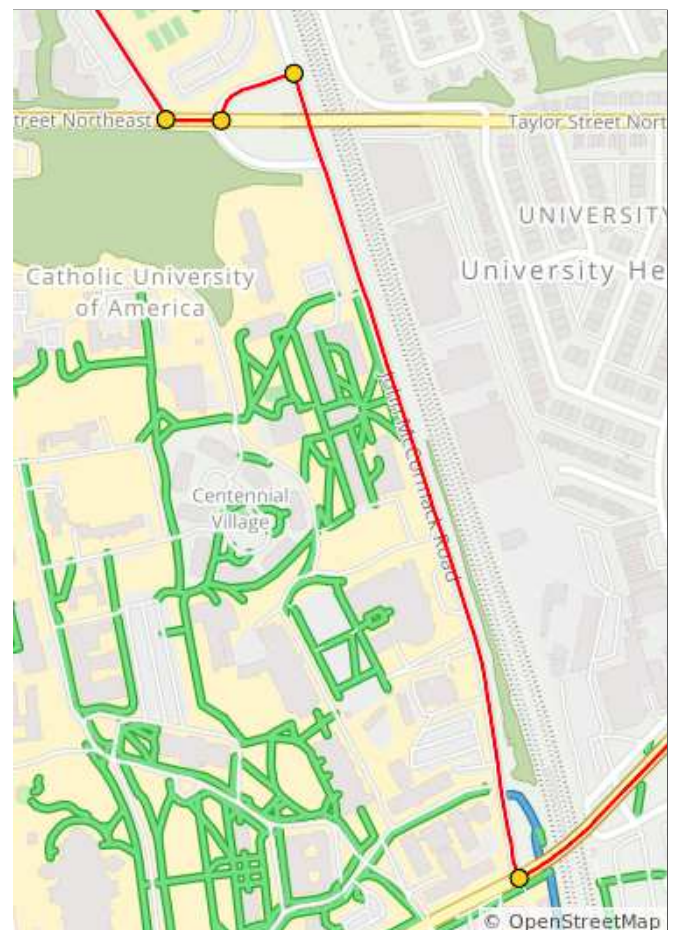


Num	Dist	Type	Note	Next
71.	21.5	←	L onto Taylor St Northeast	0.4
72.	21.8	←	L onto Michigan Ave Northeast	0.6



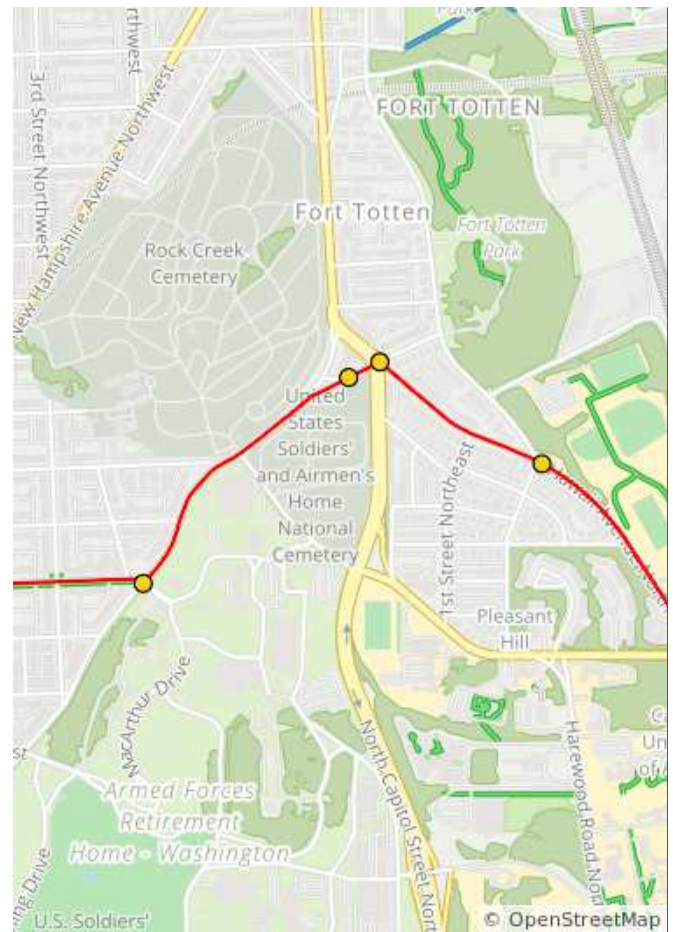
0.5 miles. +18/-2 feet

Num	Dist	Type	Note	Next
73.	22.5	→	R onto John McCormack Dr Northeast (unmarked—it's immediately after the bridge)	0.6
74.	23.0	←	L onto Taylor St Access Rd (just after passing under bridge)	0.1
75.	23.1	→	R onto Taylor St Northeast, then stay R	0.0
76.	23.1	→	R onto Hawaii Ave Northeast	0.3



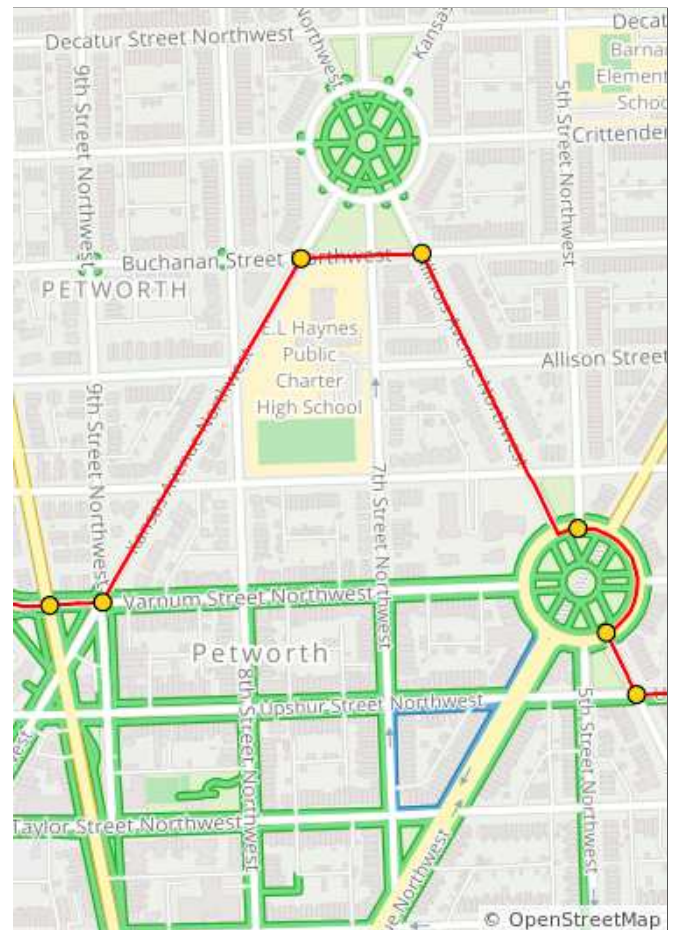
1.3 miles. +35/-19 feet

Num	Dist	Type	Note	Next
77.	23.5	↑	Continue on Hawaii Avenue NE and get ready to climb	0.3
78.	23.7	←	L onto Allison St Northeast	0.0
79.	23.8	←	Keep L through the intersection to continue onto Rock Creek Church Rd Northwest	0.4
80.	24.2	→	R onto Upshur St Northwest	0.3



1.0 miles. +119/-9 feet

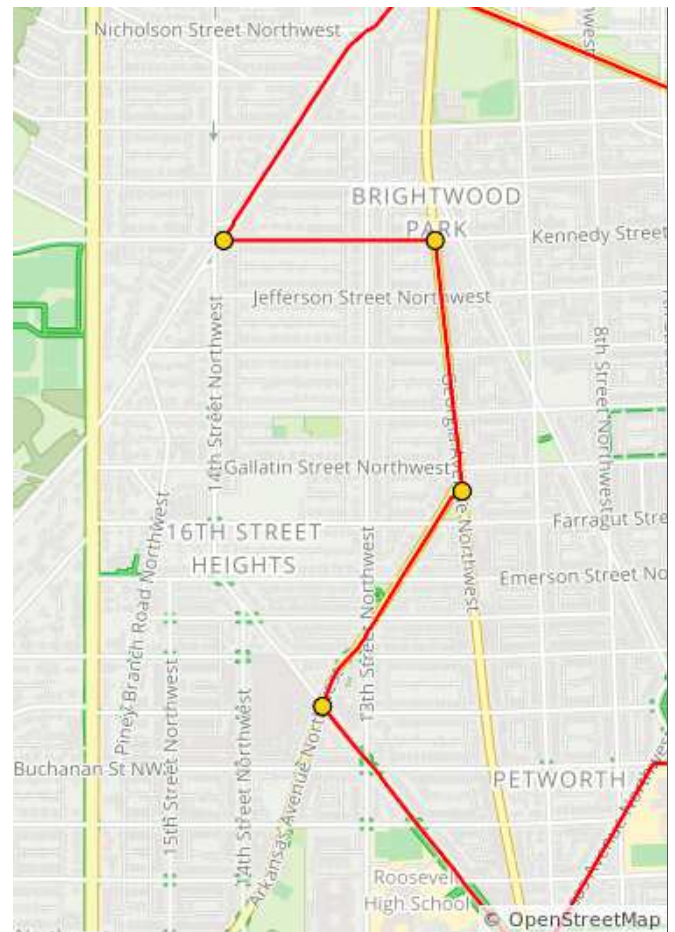
Num	Dist	Type	Note	Next
81.	24.4	→	R onto Illinois Ave Northwest (before 5th St Northwest)	0.0
82.	24.5	→	R to go around Grant circle	0.1
83.	24.6	←	R onto Illinois Ave Northwest	0.2
84.	24.8	←	L onto Buchanan St Northwest	0.1
85.	24.9	←	L onto Kansas Ave Northwest	0.3
86.	25.1	→	R onto Varnum St Northwest	0.0
87.	25.2	↑	Continue onto Iowa Ave Northwest	0.4



1.0 miles. +12/-57 feet

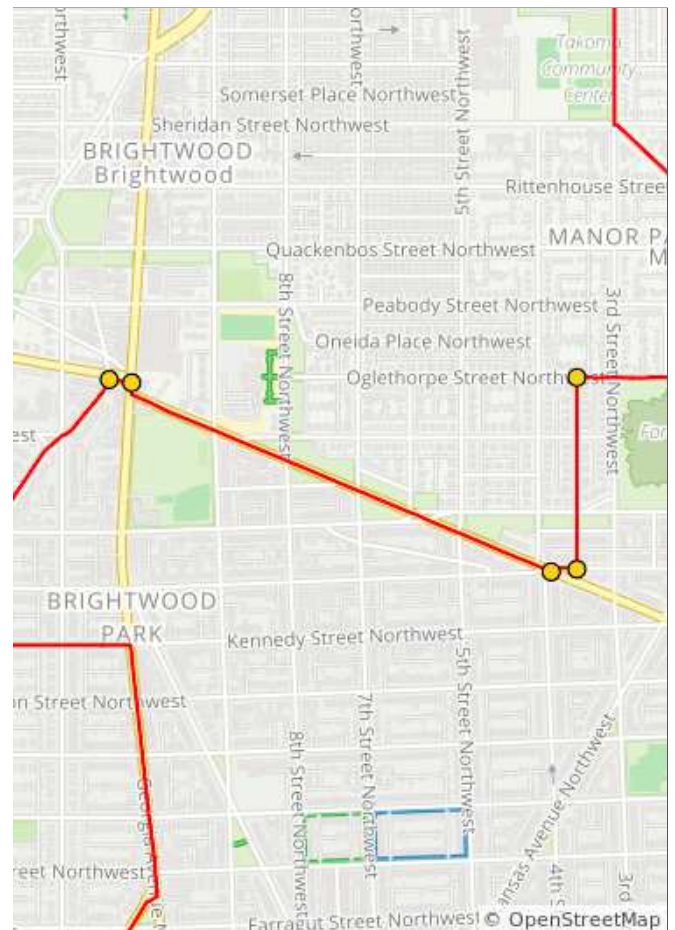
Num	Dist	Type	Note	Next
88.	25.6	→	R onto Arkansas Ave Northwest	0.3
89.	25.9	←	L onto Georgia Ave Northwest	0.3
90.	26.3	←	L onto Kennedy St Northwest	0.3
91.	26.6	→	Sharp R onto Colorado Ave Northwest (before 14th St)	0.4

1.4 miles. +88/-0 feet



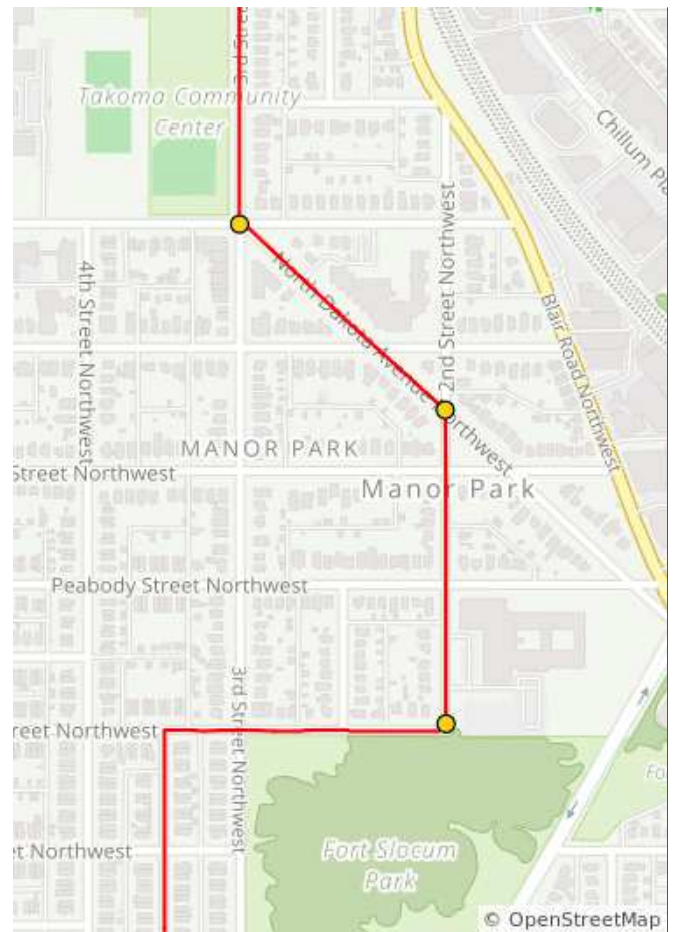
Num	Dist	Type	Note	Next
92.	27.0	→	R onto Missouri Ave Northwest	0.0
93.	27.0	↑	Slight R, then L, to cross Georgia Ave Northwest and continue on Missouri Ave Northwest	0.6
94.	27.6	←	L onto Longfellow St Northwest	0.0
95.	27.7	←	L onto 3rd Pl Northwest	0.3
96.	27.9	→	R onto Oglethorpe St Northwest	0.2

1.4 miles. +8/-100 feet



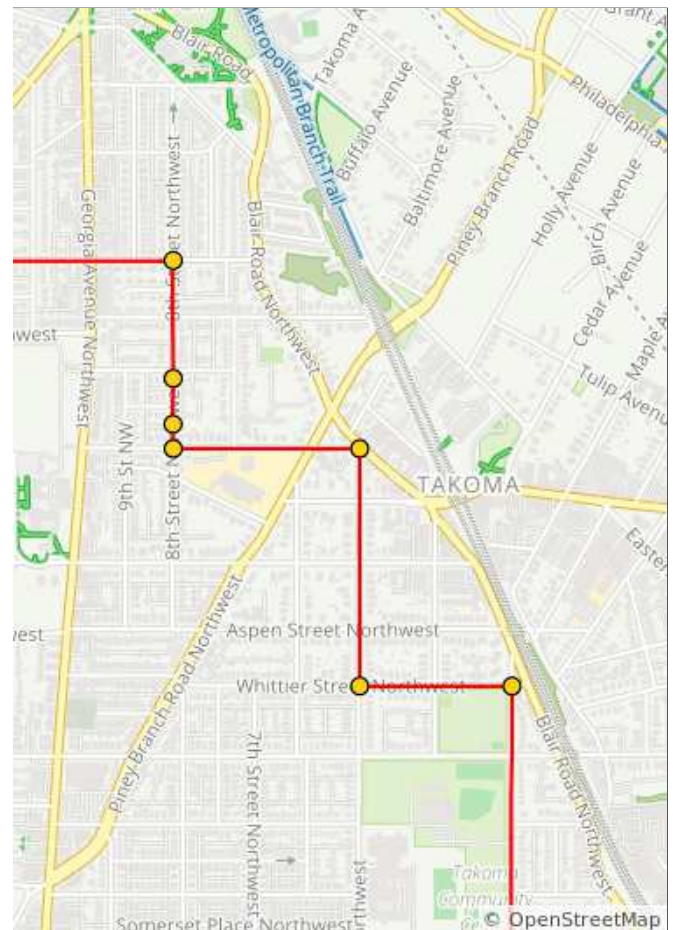
Num	Dist	Type	Note	Next
97.	28.1	←	Oglethorpe St Northwest turns L and becomes 2nd St Northwest	0.2
98.	28.3	←	L onto North Dakota Ave Northwest	0.2
99.	28.5	→	Cross Sheridan St Northwest to turn R onto 3rd St Northwest (into a bike lane!)	0.4

0.6 miles. +19/-28 feet

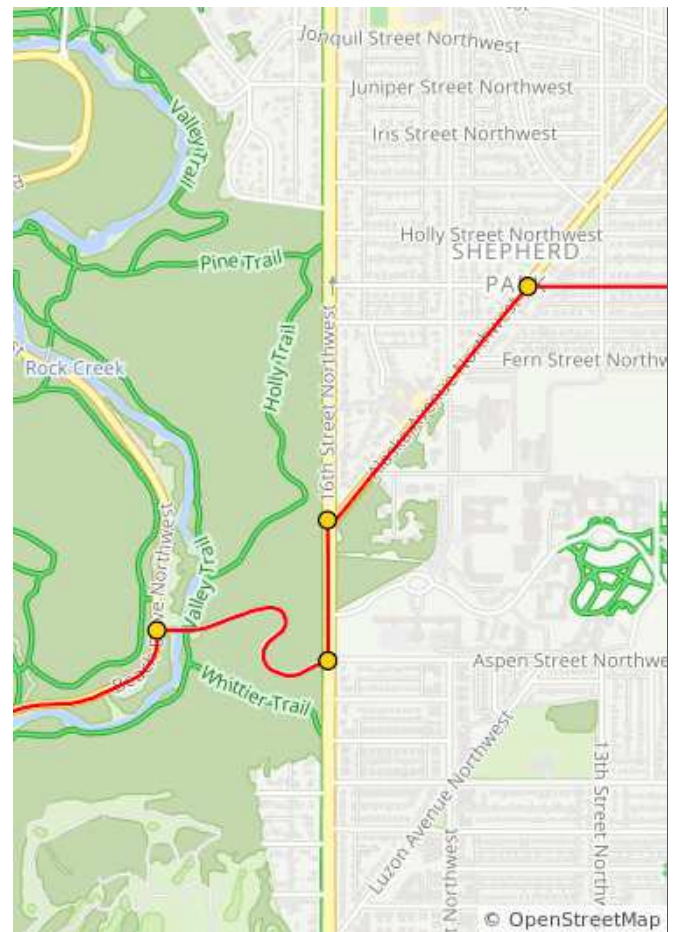


Num	Dist	Type	Note	Next
100	28.9	←	L onto Whittier St Northwest	0.2
101	29.1	→	R onto 5th St Northwest	0.3
102	29.4	←	Sharp L onto Dahlia St Northwest (before Blair)	0.2
103	29.6	→	R on 8th St Northwest (this street is two-way for bikes)	0.0
104	29.6	↑	Lisa and Mike's place Pit Stop is ahead on your left!	0.1
105	29.7	↑	Continue north on 8th St NW	0.2
106	29.9	←	L onto Geranium St Northwest	0.4

1.4 miles. +77/-14 feet

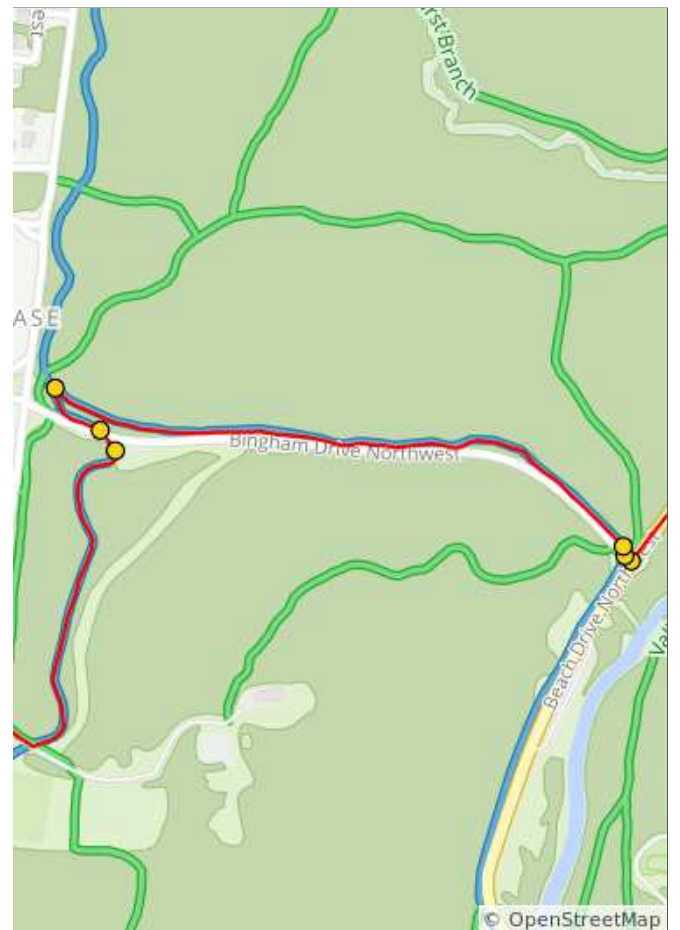


Num	Dist	Type	Note	Next
107 .	30.2	←	L onto Alaska Ave Northwest	0.4
108 .	30.7	←	L onto 16th St Northwest	0.2
109 .	30.8	→	R onto Sherrill Dr Northwest	0.3
110 .	31.2	←	L onto Beach Dr Northwest	0.4



1.3 miles. +3/-192 feet

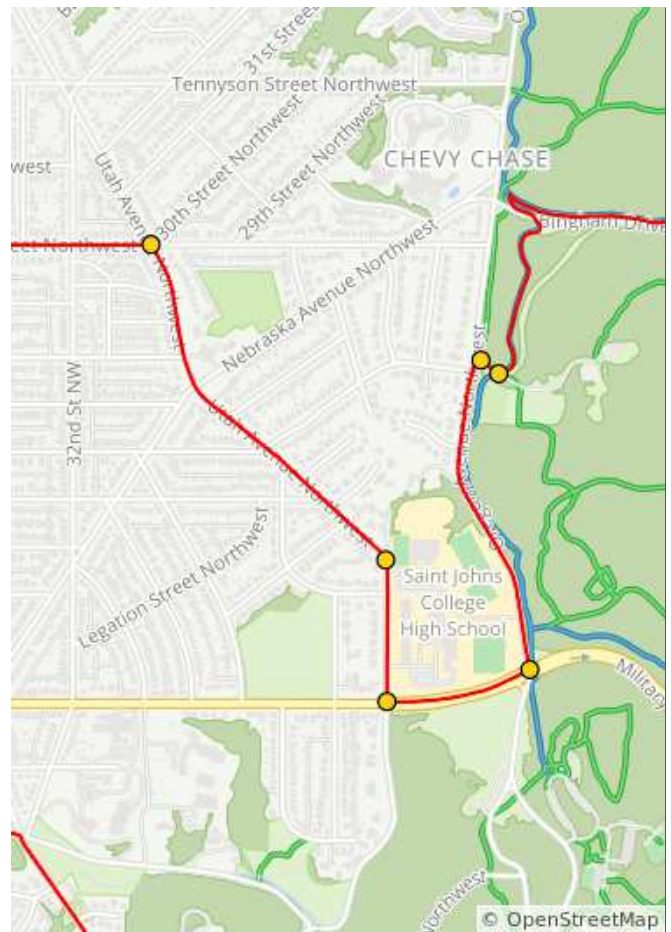
Num	Dist	Type	Note	Next
111 .	31.6	→	R onto Bingham Dr NW	0.0
112 .	31.6	→	Trail running parallel to Bingham Drive	0.0
113 .	31.6	←	Slight L to stay on Rock Creek Trail	0.4
114 .	32.0	←	Sharp L onto Western Ridge Trail	0.0
115 .	32.1	↑	Continue on the Western Ridge Trail across Bingham Dr NW	0.0
116 .	32.1	↑	Continue on the Western Ridge Trail	0.2



0.9 miles. +69/-16 feet

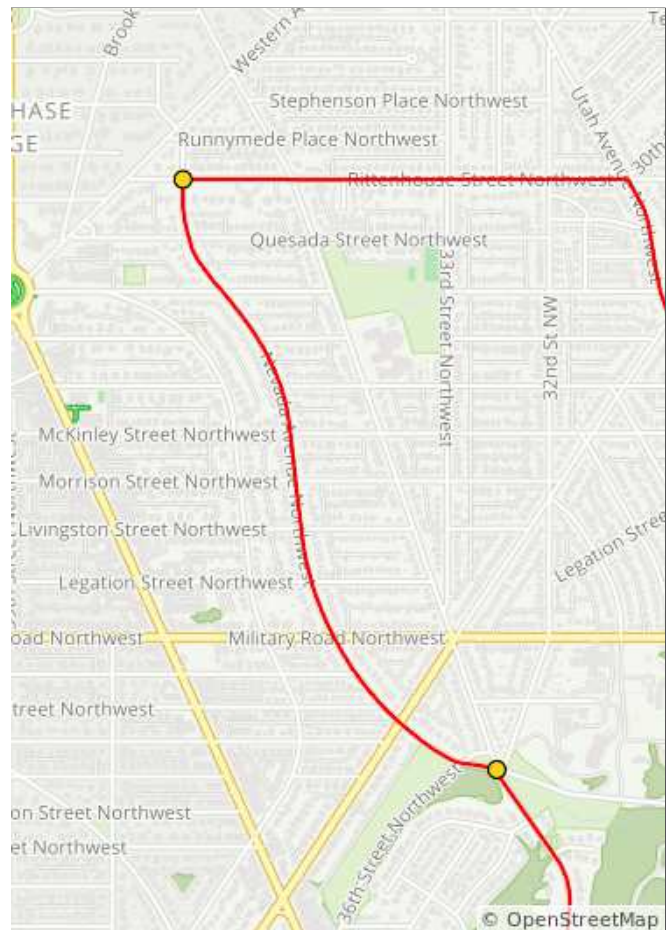
Num	Dist	Type	Note	Next
117 .	32.3	→	R onto Horse Stable Rd	0.0
118 .	32.4	←	L on Oregon Avenue	0.4
119 .	32.8	→	R onto Military Rd Northwest (take the sidewalk if you'd like)	0.2
120 .	33.0	→	R onto 27th St Northwest	0.2
121 .	33.2	↑	Continue onto Utah Ave Northwest	0.5
122 .	33.7	←	L onto Rittenhouse St Northwest	0.6

1.6 miles. +119/-64 feet

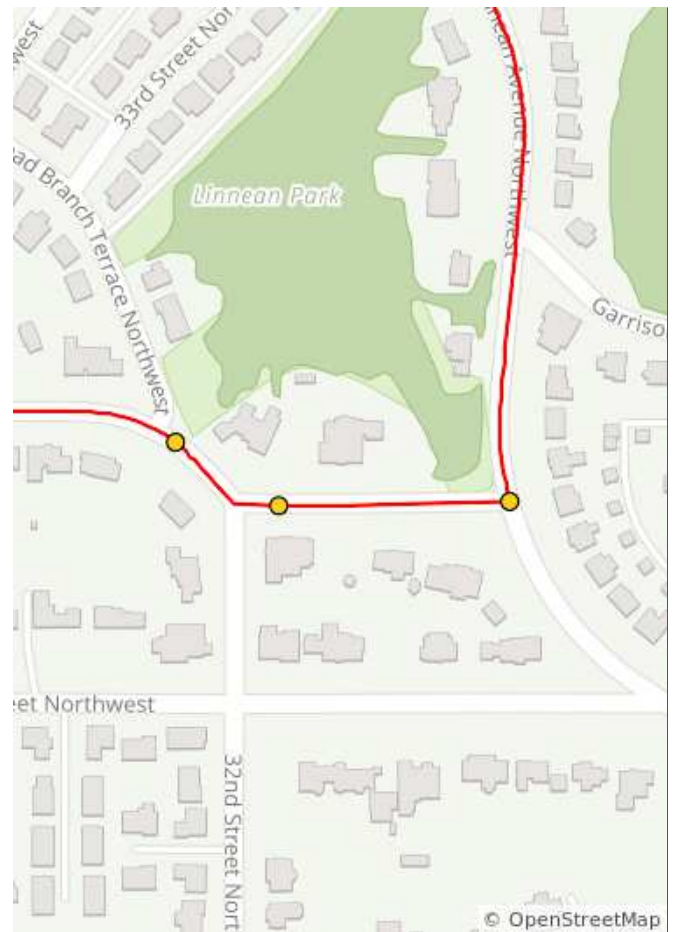


Num	Dist	Type	Note	Next
123 .	34.3	←	L onto Nevada Ave Northwest	0.9
124 .	35.3	→	R onto Linnean Ave Northwest (unmarked - turn is before Nevada becomes Broad Branch Rd Northwest)	0.3

1.5 miles. +0/-110 feet

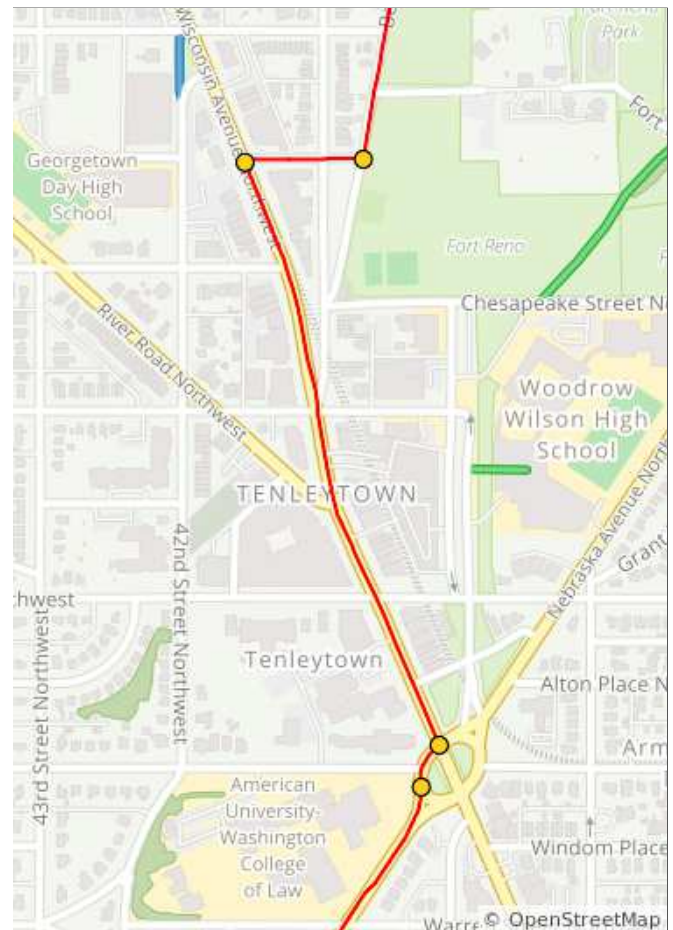


Num	Dist	Type	Note	Next
125 .	35.6	→	R onto Fessenden St Northwest	0.1
126 .	35.6	i	Keep R to stay on Fessenden St Northwest	0.0
127 .	35.7	←	Keep L to stay on Fessenden St Northwest	0.9



0.4 miles. +0/-17 feet

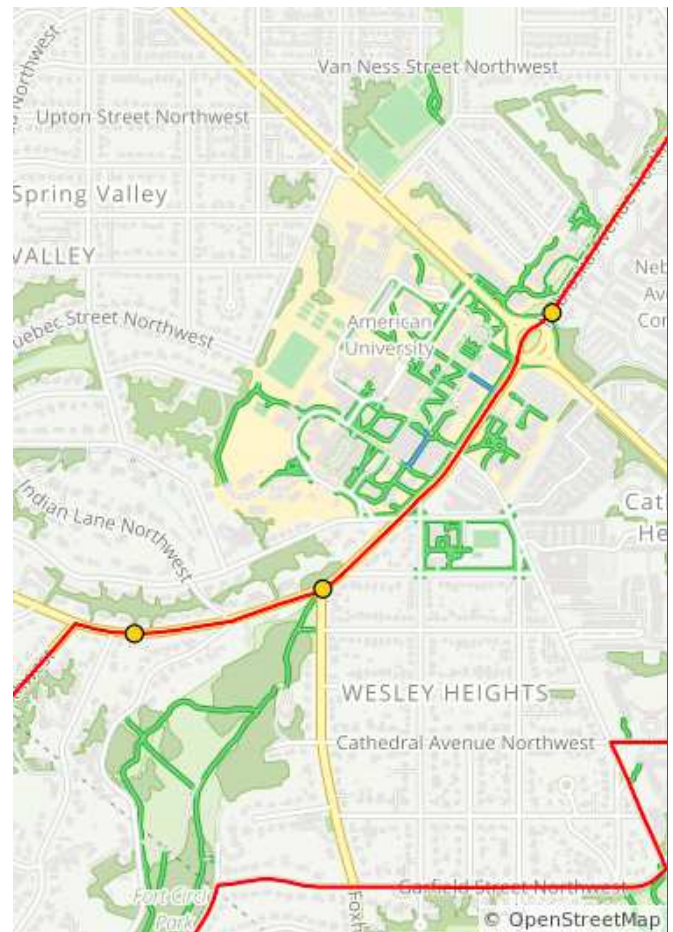
Num	Dist	Type	Note	Next
128 .	36.6	→	R onto Davenport St Northwest	0.1
129 .	36.7	←	L onto Wisconsin Ave Northwest	0.4
130 .	37.1	→	R onto Tenley Circle Northwest	0.0
131 .	37.1	↑	Continue onto Nebraska Ave Northwest	0.6



1.4 miles. +44/-35 feet

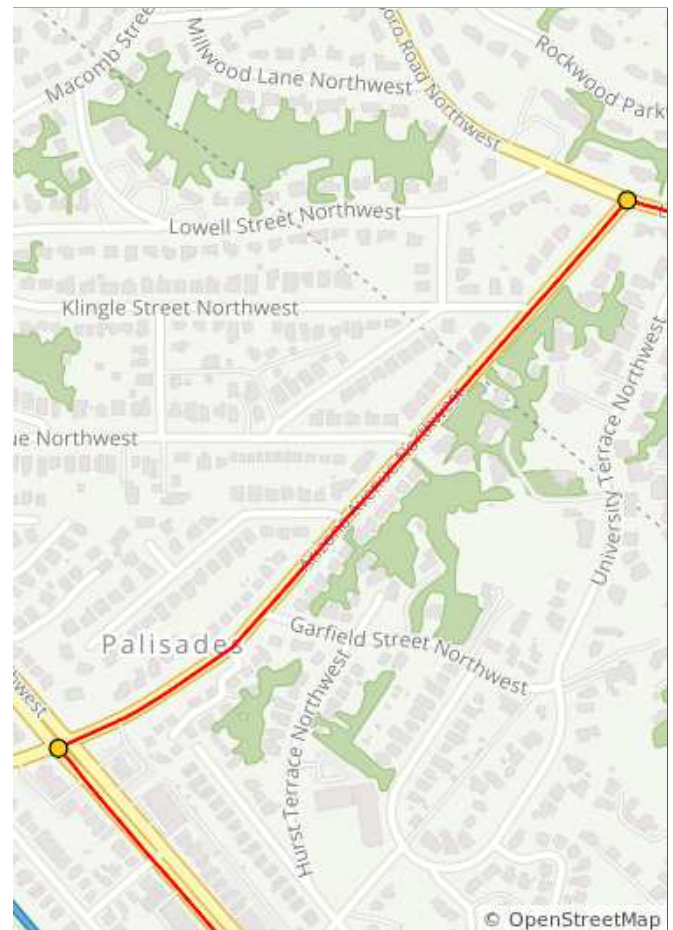
Num	Dist	Type	Note	Next
132 .	37.8	↑	Continue through Ward Circle to Stay on Nebraska Ave Northwest	0.5
133 .	38.2	→	Stay R as Nebraska turns into Loughboro Rd Northwest	0.3
134 .	38.5	←	Get ready to turn L on Arizona Ave Northwest (at the stop sign at the bottom of the hill)	0.1

1.4 miles. +4/-33 feet

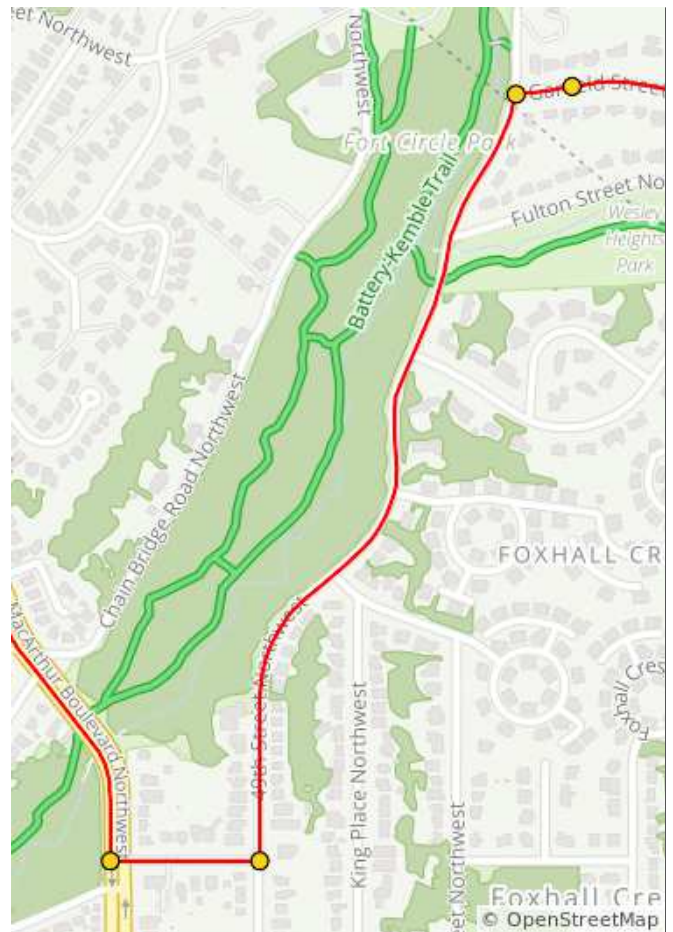


Num	Dist	Type	Note	Next
135 .	38.6	←	L onto Arizona Ave Northwest (at the stop sign)	0.5
136 .	39.1	←	L onto MacArthur Blvd	0.6

0.6 miles. +0/-140 feet

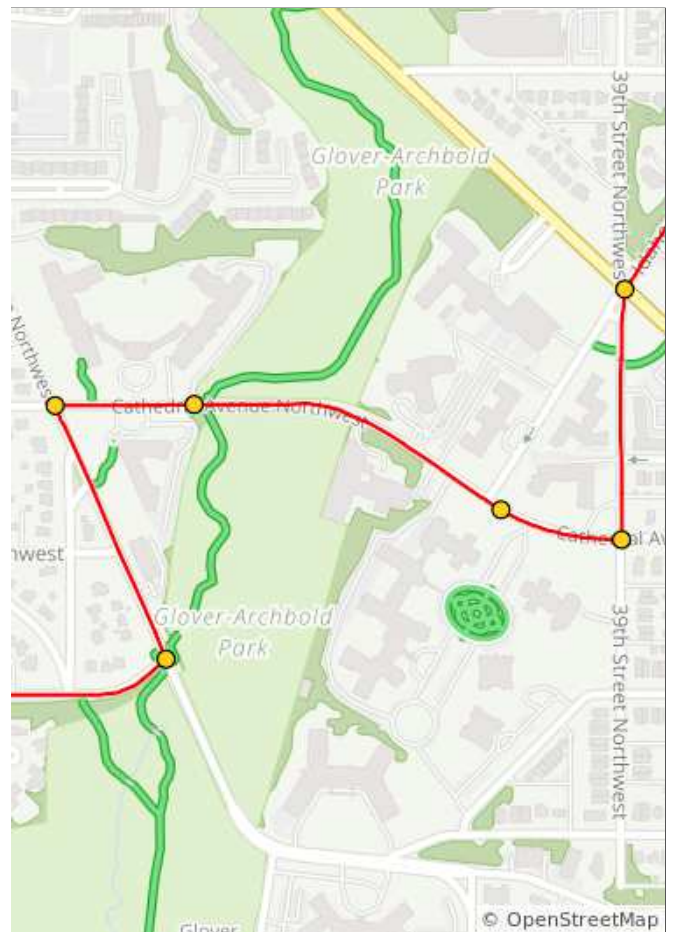


Num	Dist	Type	Note	Next
137 .	39.7	←	L onto Ashby St Northwest	0.1
138 .	39.8	←	L onto 49th St Northwest	0.6
139 .	40.3	→	R onto Garfield St Northwest	0.0
140 .	40.4	↑	Get ready to climb! You got this.	0.6



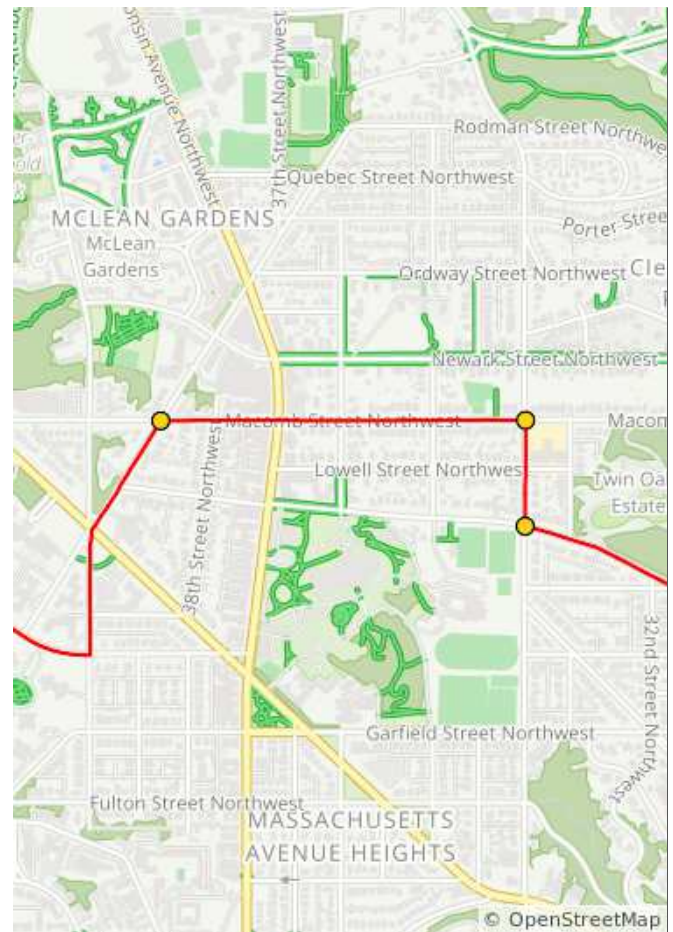
1.3 miles. +85/-8 feet

Num	Dist	Type	Note	Next
141 .	40.9	←	L onto New Mexico Ave Northwest at the T-intersection	0.2
142 .	41.1	→	R onto Cathedral Ave Northwest	0.1
143 .	41.2	↑	You got this! There's a water stop at the top of this hill!	0.2
144 .	41.4	↑	Water stop coming up on your right!	0.1
145 .	41.5	←	L onto 39th St Northwest	0.2
146 .	41.7	→	Cross Massachusetts Ave and slight R onto Idaho Ave Northwest	0.2



1.3 miles. +121/-25 feet

Num	Dist	Type	Note	Next
147 .	41.9	➡	R onto Macomb St Northwest	0.5
148 .	42.3	➡	R onto 34th St Northwest	0.1
149 .	42.5	⬅	L onto Woodley Rd Northwest	0.3



0.8 miles. +37/-75 feet

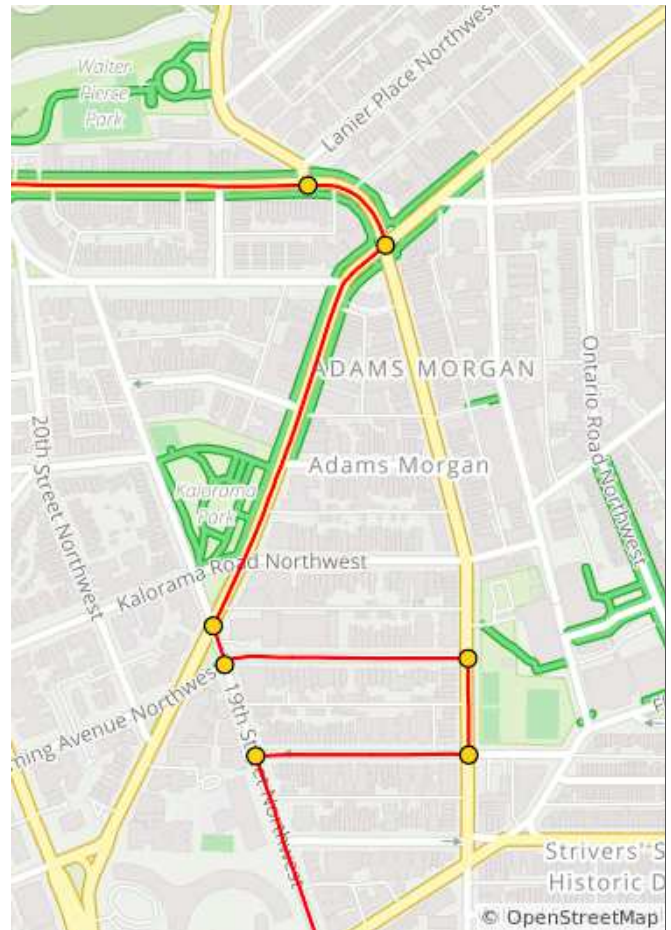
Num	Dist	Type	Note	Next
150 .	42.8	⬅	L onto Cathedral Ave Northwest	0.4
151 .	43.2	➡	R onto Connecticut Ave Northwest	0.3
152 .	43.6	⬅	L onto Calvert St Northwest	0.4



1.1 miles. +0/-103 feet

Num	Dist	Type	Note	Next
153 .	44.0	↑	Continue straight onto Adams Mill Rd NW	0.1
154 .	44.1	→	R onto Columbia Road NW	0.3
155 .	44.3	←	L onto 19th St Northwest	0.0
156 .	44.4	←	L onto Wyoming Ave Northwest	0.2
157 .	44.5	→	R onto 18th St Northwest	0.1
158 .	44.6	→	R onto California St Northwest	0.1
159 .	44.7	←	L onto 19th St Northwest	0.4

1.2 miles. +32/-50 feet

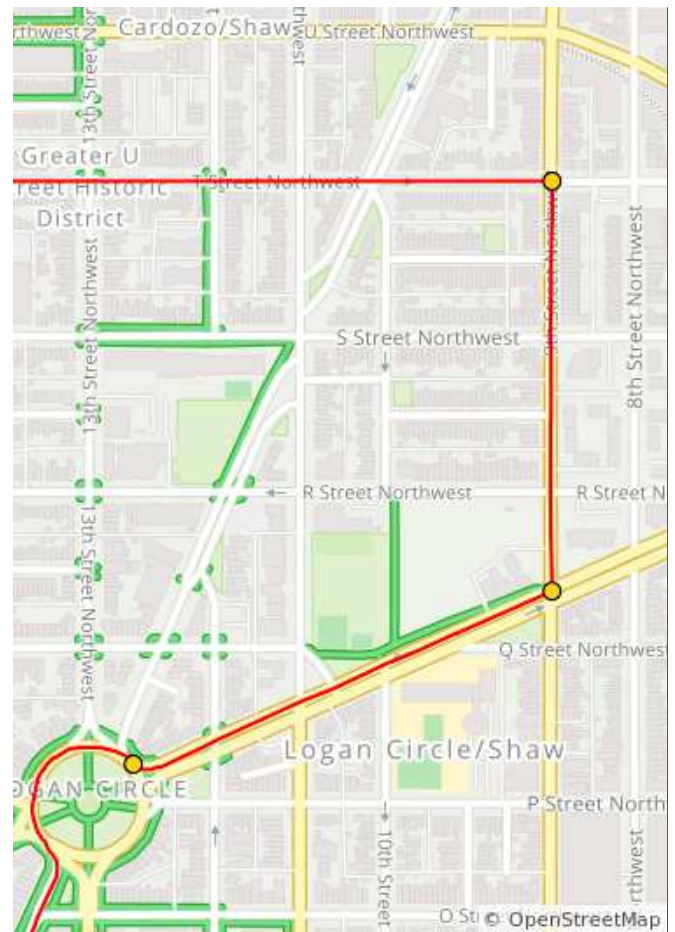


Num	Dist	Type	Note	Next
160 .	45.1	←	L onto Corcoran St Northwest . Sign is obscured, turn is after R St Northwest	0.1
161 .	45.3	←	L onto New Hampshire Ave Northwest	0.3
162 .	45.6	→	R onto T St Northwest	0.8

0.8 miles. +6/-5 feet



Num	Dist	Type	Note	Next
163 .	46.3	→	R onto 9th St Northwest	0.3
164 .	46.6	→	R onto Rhode Island Ave Northwest	0.3
165 .	46.9	↑	Go around Logan Circle and take the 2nd Vermont Ave exit	0.4



1.3 miles. +8/-3 feet

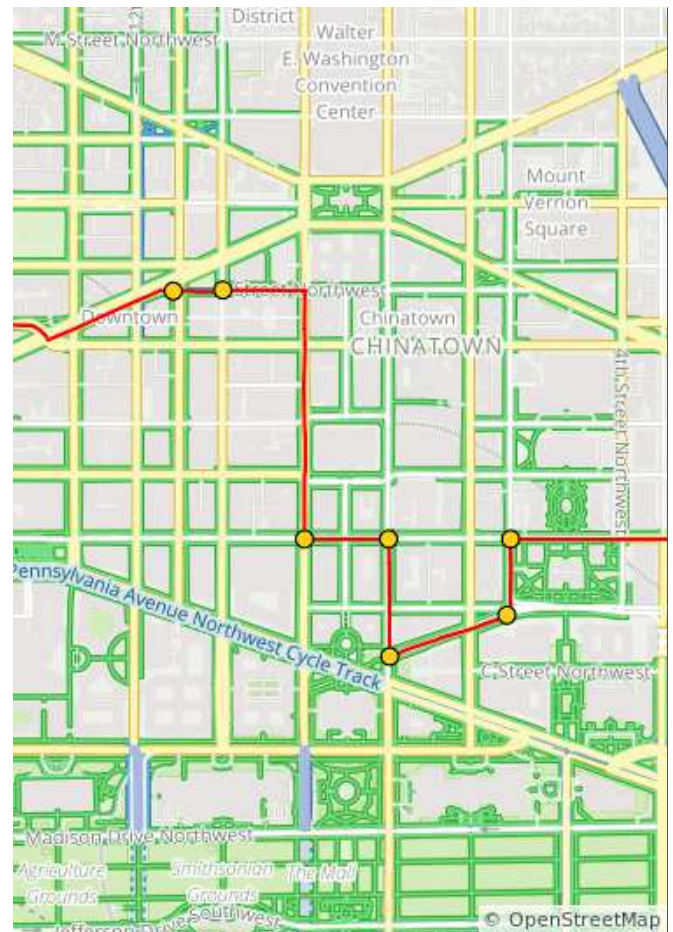
Num	Dist	Type	Note	Next
166 .	47.3	↑	At the traffic circle, take the 4th exit to turn R onto M St Northwest	0.1
167 .	47.4	←	L onto 15th St Northwest	0.3
168 .	47.7	↑	Follow the bike lane across I St Northwest onto Vermont Ave Northwest	0.0
169 .	47.7	↑	Continue onto Vermont Ave NW	0.1
170 .	47.8	←	L onto H St NW	0.3
171 .	48.1	←	L onto New York Ave NW	0.2
172 .	48.3	→	Slight R onto I St NW	0.0



1.3 miles. +5/-37 feet

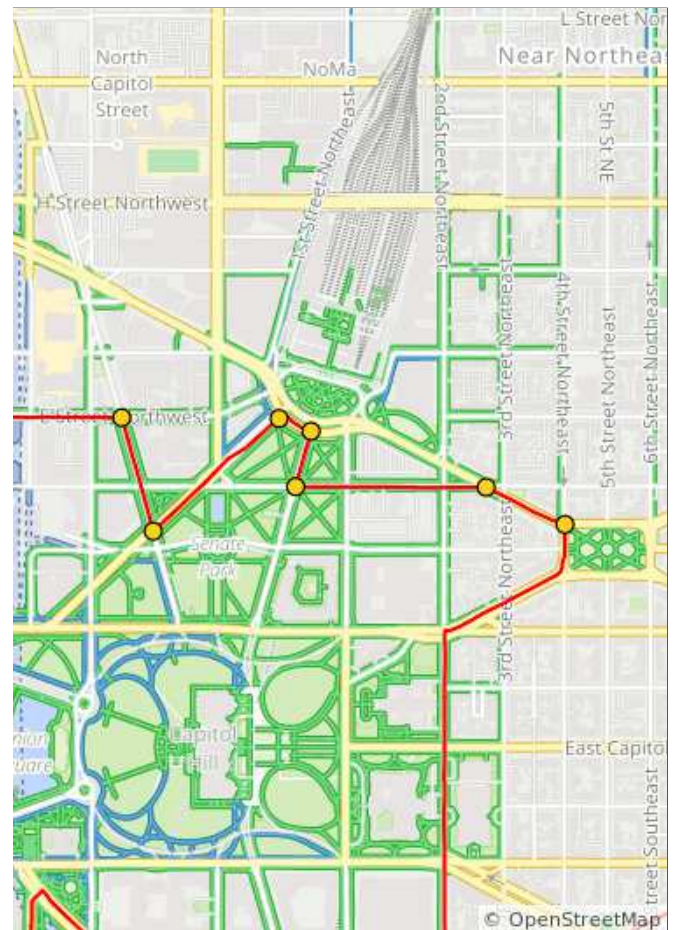
Num	Dist	Type	Note	Next
173 .	48.3	↑	Continue on I St into the City Center Pit stop!	0.1
174 .	48.3	↑	Continue onto I St NW	0.4
175 .	48.8	←	L onto Ee St Northwest	0.1
176 .	48.9	→	R onto 7th St Northwest	0.2
177 .	49.0	←	L onto Indiana Ave Northwest	0.2
178 .	49.2	←	Slight L onto 5th St Northwest	0.1
179 .	49.3	→	R onto Ee St Northwest	0.4

1.1 miles. +35/-42 feet

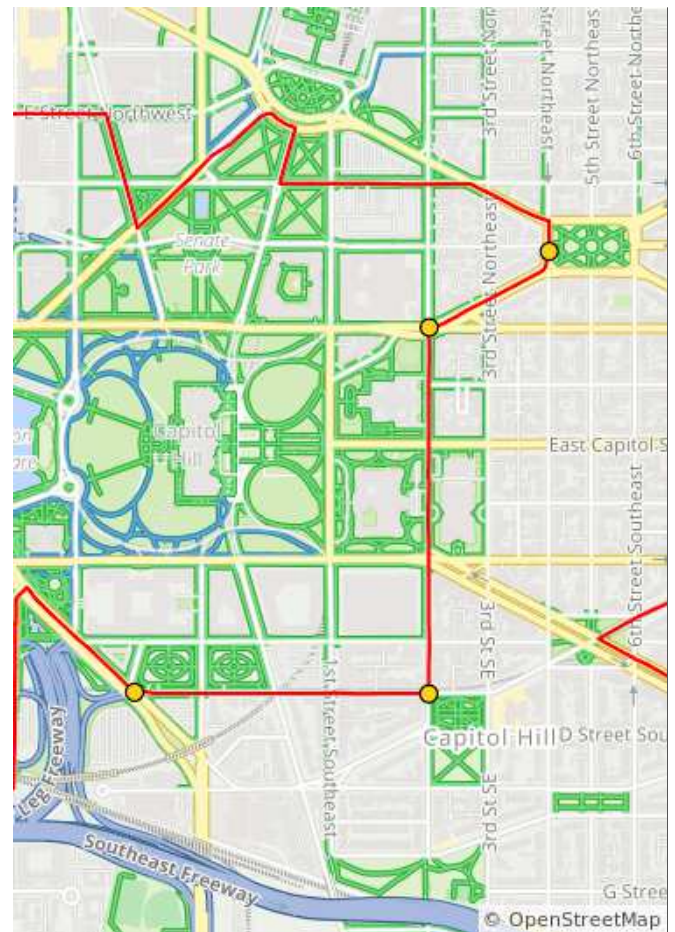


Num	Dist	Type	Note	Next
180 .	49.7	→	R onto New Jersey Ave Northwest	0.2
181 .	49.9	←	L onto Louisiana Ave Northwest	0.2
182 .	50.1	→	R onto Columbus Circle NE	0.0
183 .	50.1	→	R onto Delaware Ave Northeast	0.1
184 .	50.2	←	L onto D St Northeast	0.3
185 .	50.5	→	Slight R onto Massachusetts Ave Northeast	0.1
186 .	50.6	→	R onto 4th St Northeast	0.0

1.3 miles. +53/-0 feet

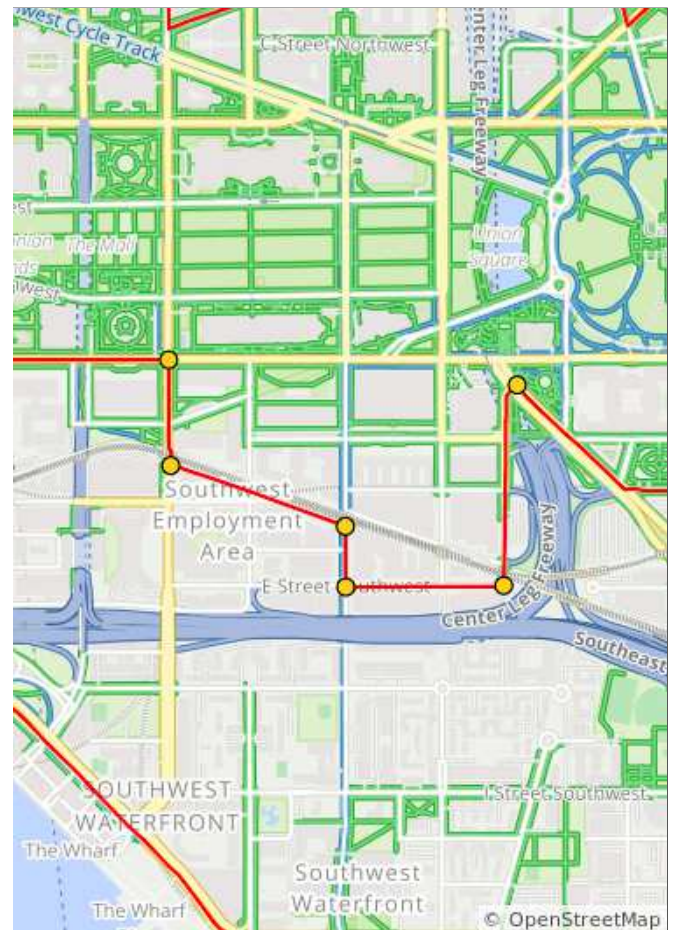


Num	Dist	Type	Note	Next
187	50.6	→	Slight R onto Maryland Ave Northeast	0.2
188	50.8	←	L onto 2nd St Northeast	0.5
189	51.3	→	R onto D St Southeast	0.4
190	51.7	→	R onto Washington Ave Southwest	0.2



1.1 miles. +9/-74 feet

Num	Dist	Type	Note	Next
191	51.9	←	L onto 2nd St Southwest (before Independence Avenue)	0.3
192	52.2	→	R onto Ee St Southwest (after the underpass)	0.2
193	52.4	→	R onto 4th St Southwest	0.1
194	52.4	←	L onto Virginia Ave Southwest (just before the underpass)	0.2
195	52.7	→	R onto 7th St Southwest	0.1
196	52.8	←	L onto Independence Ave Southwest	0.6



1.1 miles. +17/-8 feet

Num	Dist	Type	Note	Next
197 .	53.5	←	L onto Raoul Wallenberg Pl Southwest	0.2
198 .	53.7	←	Slight L onto Maine Ave Southwest	0.1
199 .	53.7	→	Slight R onto Ohio Dr Southwest	0.2
200 .	53.9	←	Slight L to stay on Ohio Dr Southwest	0.7

1.1 miles. +13/-31 feet



Num	Dist	Type	Note	Next
201 .	54.6	←	L to stay on Ohio Dr Southwest	0.0
202 .	54.6	→	R to stay on Ohio Dr Southwest	0.5
203 .	55.1	←	Continue on Ohio Dr Southwest around Hains Point	0.7

1.2 miles. +0/-2 feet

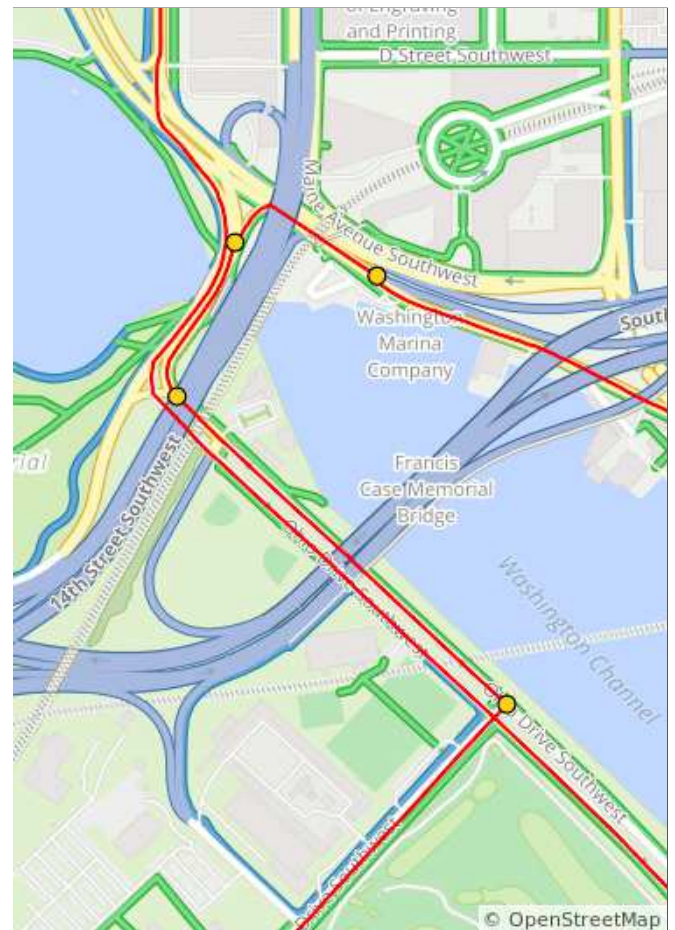


Num	Dist	Type	Note	Next
204 .	55.7	↗	Keep following Ohio Dr Southwest around Hains Point!	1.4
205 .	57.1	➡	R onto Buckeye Dr Southwest	0.3



2.0 miles. +7/-5 feet

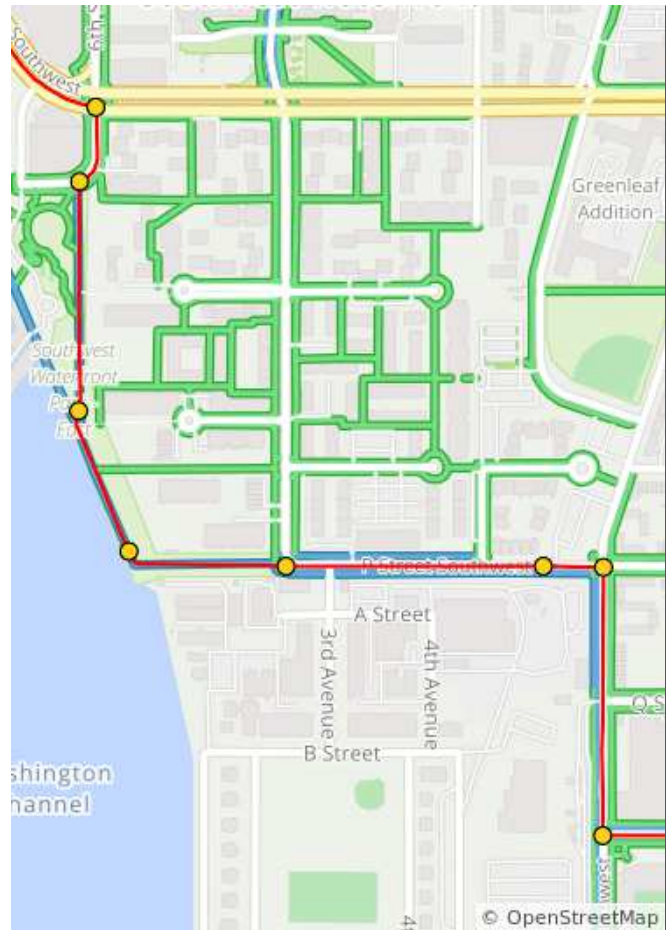
Num	Dist	Type	Note	Next
206 .	57.5	←	L onto Ohio Dr Southwest	0.3
207 .	57.8	➡	Keep R to stay on Ohio Dr Southwest	0.1
208 .	57.9	➡	R onto Maine Ave Southwest	0.1
209 .	58.0	➡	Slight R to stay on Maine Ave Southwest	0.8



0.9 miles. +16/-13 feet

Num	Dist	Type	Note	Next
210	58.8	→	R onto 6th St SW	0.1
211	58.8	←	L onto the trail	0.2
212	59.0	↗	Slight R to continue on the trail	0.1
213	59.1	←	Follow the trail to the L	0.1
214	59.2	↑	Continue onto P St SW	0.2
215	59.4	→	Get ready to take your next R on 2nd St Southwest (sign may be missing)	0.0
216	59.4	→	R onto 2nd St SW	0.2
217	59.6	←	L onto R St SW	0.1

1.6 miles. +16/-14 feet



Num	Dist	Type	Note	Next
218	59.7	↑	Continue onto Potomac Ave SW	0.1
219	59.8	i	Watch for gravel and construction up ahead	0.3
220	60.0	←	Potomac Ave SW turns slightly L and becomes First St SE	0.2
221	60.2	←	L onto N St SE at Nationals Park	0.1
222	60.3	↑	You're almost done! Take your next R to get to Atlas and the post-ride celebration!	0.0

0.7 miles. +12/-12 feet



Num	Dist	Type	Note	Next
223 .	60.3	➡	R onto Half St SE— the finish line is in sight!	0.0
224 .	60.3	<i>i</i>	ROUTE END: Atlas Brew Works Half Street Brewery and Taproom! YOU DID IT!	0.0
225 .	60.3	📍	End of route	0.0

0.1 miles. +0/-3 feet

