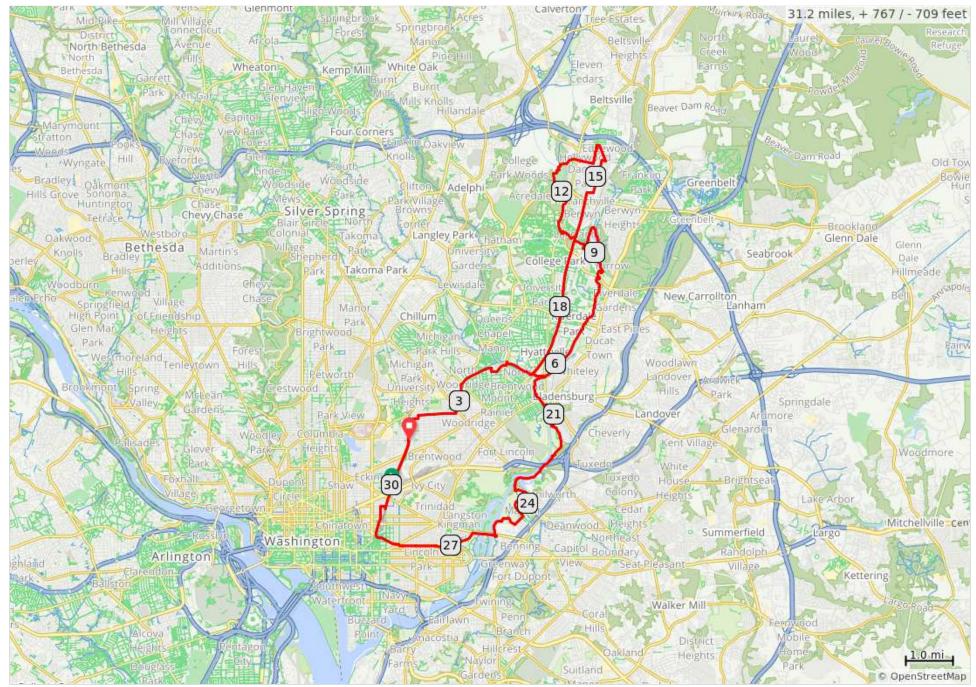
2021 Cider Ride McIntosh Route





2021 Cider Ride McIntosh Route

Num	Dist	Туре	Note	Next
1.	0.0	•	Start of route	0.0
2.	0.0	i	ROUTE START: Alethia Tanner Park	0.0
3.	0.0	+	Left to head north on the Metropolitan Branch Trail	8.0
4.	0.8	→	Slight right to continue on the Metropolitan Branch Trail	0.3
5.	1.1	1	Continue under the bridge	0.0
6.	1.1	→	Right onto 8th St NE/Edgewood St NE	0.5
7.	1.6	→	Right onto Monroe St NE	0.2
8.	1.8	+	Left onto 12th St NE	0.1
9.	1.9	→	Right onto Newton St NE	0.8
10.	2.7	+	Left onto 20th St NE	0.1
11.	2.8	→	Right onto Perry St NE	0.1
12.	2.9	+	Left onto 22nd St NE	0.5
13.	3.4	→	Right onto Varnum St NE and continue across Eastern Ave	0.2
14.	3.6	1	Continue onto Arundel Rd	0.6
15.	4.1	→	Right onto 34th St	0.1
16.	4.2	+	Left onto Windom Rd	0.1
17.	4.3	i	Trail is coming up on your left after the blue mailbox!	0.1
18.	4.3	+	Left onto Levee Trail (if you hit 37th St you've gone too far)	0.2
19.	4.6	+	Left onto 38th Ave and cross the bridge	0.0
20.	4.6	i	Trail is coming up on your right after the bridge	0.0

	•	•						
	Trail is coming up on you after the bridge							
4	.6 miles. +132/-189 feet	3 miles.	et					

Num	Dist	Туре	Note	Next
21.	4.6	→	Right onto Northwest Branch Trail (red centerline)	0.6
22.	5.3	Ť	Use the crosswalk to cross Rhode Island Ave at 41st St/Charles Armentrout Dr	0.0
23.	5.3	t	Continue straight on the trail along Charles Armentrout Dr	0.2
24.	5.5	→	Right to stay on Northwest Branch Trail (red centerline) and head downhill. Then immediately turn left	0.1
25.	5.6	←	Immediately turn left onto the Northeast Branch Trail (yellow centerline)	0.5
26.	6.1	†	Cross Decatur Street	0.9
27.	7.0	†	Cross Riverdale Rd. Very steep grade on the far side of the road.	0.1
28.	7.1	†	Cross under East-West Hwy	0.5
29.	7.6	†	Cross under River Rd bridge (ignore detour signs)	0.5
30.	8.1	→	Bear right to stay on the trail and pass Denis Wolf Shelter	0.1
31.	8.3	†	Cross under Campus Dr.	0.6
32.	8.9	i	Cross the bridge and get ready to take your next left	0.0
33.	8.9	←	After crossing the bridge immediately turn left onto Paint Branch Trail (blue centerline)	0.1
34.	9.0	→	Right to follow the trail around Lake Artemesia	0.6

Num	Dist	Туре	Note	Next
35.	9.6	+	Left to continue on the trail around the lake	0.3
36.	9.9	†	Right to continue around the lake! (if you see the parks department hut you've missed the turn)	0.2
37.	10.1	→	Right onto Paint Branch Trail	0.1
38.	10.3	i	Get ready to take your next left	0.0
39.	10.3	+	Sharp left at the fence to stay on Paint Branch Trail (blue centerline)	0.2
40.	10.5	→	At the T, turn right to stay on Paint Branch Trail	0.1
41.	10.6	1	Keep left to stay on the Paint Branch Trail (blue centerline). It curves back into the woods	0.4
42.	11.0	+	Left onto sidewalk cross the bridge over Paint Branch creek.	0.0
43.	11.0	+	As soon as you cross the bridge, turn left onto the trail, which loops back under the bridge	0.2
44.	11.1	Ť	Continue on the Paint Branch Trail (blue centerline) through the University of Maryland campus	0.6
45.	11.8	†	Cross Metzerott Road and continue on the trail	0.2
46.	12.0	1	Cross under University Blvd.	0.9
47.	12.8	1	Cross a bridge over Paint Branch Creek	0.1
48.	12.9	1	Cross the second bridge and get ready to take a sharp right	0.0

3.9 miles. +54/-20 feet

Num	Dist	Туре	Note	Next
49.	12.9	N	Take a sharp right onto the boardwalk trail (be careful of the bollard!)	0.4
50.	13.3	1	Continue straight towards the light at Hollywood Road (beware gravel)	0.0
51.	13.3	†	Cross Baltimore Ave and continue onto Hollywood Rd	0.3
52.	13.7	+	Left onto Rhode Island Ave Service Rd	0.2
53.	13.9	+	Left onto Muskogee St to continue on Rhode Island Avenue	0.0
54.	13.9	→	Right onto Rhode Island Ave	0.1
55.	14.0	→	Right into Hollywood Shopping Center towards the Proteus Bikes Pit Stop!	0.1
56.	14.1	→	After the pit stop, turn right onto Rhode Island Ave to continue the ride.	
57.	14.1	→	Right onto Edgewood Rd	0.1
58.	14.2	→	Right onto Narragansett Pkwy	0.3
59.	14.5	→	Right onto Lackawanna St	0.1
60.	14.6	+	Left onto 51st Ave	0.7
61.	15.3	→	Right onto Blackfoot Place	0.1
62.	15.5	+	Left onto Rhode Island Ave	0.1
63.	15.6	1	Cross University Blvd to go straight onto College Park Trolley Trail (yellow centerline)	0.8

Num	Dist	Туре	Note	Next
64.	16.4	1	When the road curves left, leave the road and head straight onto Trolley Trail	0.1
65.	16.5	1	Continue straight on the Trolley Trail	0.2
66.	16.7	1	Cross Campus Dr	0.4
67.	17.1	†	Cross Calvert Road and continue on the Trolley Trail	0.6
68.	17.7	1	Cross Woodberry St to continue straight on Rhode Island Ave	0.1
69.	17.8	→	Bear right to return to the Trolley Trail, after passing Van Buren St	0.5
70.	18.3	1	Continue straight through the parking lot, then cross Queensbury Rd to continue straight onto the Trolley Trail	0.8
71.	19.1	+	At Farragut St, use the crosswalk to make a left onto Rhode Island Avenue,	0.5
72.	19.5	←	Left at 41st PI/Charles Armentrout Dr/ to get onto the Northwest Branch Trail (you've been here before!)	0.0
73.	19.6	1	Continue straight on the trail along Charles Armentrout Dr	0.2
74.	19.8	→	Right down the hill on the Northwest Branch Trail and get ready to turn right	0.0
75.	19.8	→	Immediately right onto the Anacostia River Trail (orangeish centerline) at the bottom of the hill (NOT left)	0.6

Num	Dist	Туре	Note	Next
76.	20.4	+	Continue on Anacostia River Trail under the Bladensburg Rd bridge	0.2
77.	20.6	+	Left onto the bridge towards Bladensburg Waterfront Park and your second pit stop!	0.2
78.	20.8	i	The Bladensburg Waterfront Park pit stop is on your right!	0.1
79.	20.9	1	Continue on the Anacostia River Trail past the red caboose to continue your ride	1.5
80.	22.4	1	Continue on the Anacostia River Trail (centerline turns yellow as you enter DC)	1.5
81.	23.9	→	Bear right to stay on the Anacostia River Trail	0.2
82.	24.1	→	Right onto the Jay St NE protected bike lane	0.3
83.	24.4	1	Continue onto Hayes St NE	0.4
84.	24.8	→	When the protected bike lane ends, turn right onto Anacostia Ave NE.	0.2
85.	25.0	→	At Foote St NE, turn right onto the Anacostia River Trail	0.2
86.	25.2	1	Bear left to stay on the Anacostia River Trail (yellow centerline)	0.7
87.	25.9	←	After crossing under Benning Rd bridge, turn left and follow the trail up the hill	0.1
88.	25.9	+	Left on to the sidewalk	0.1
89.	26.0	t	Sidewalk across the Benning Road Bridge	0.4

6.2 miles. +89/-89 feet

Num	Dist	Туре	Note	Next
90.	26.4	←	Left onto Oklahoma Ave NE	0.4
91.	26.8	1	Continue onto 21st St NE	0.0
92.	26.9	→	Right onto C St NE	0.3
93.	27.2	→	Stay in the bike lane to stay on C St NE	0.9
94.	28.1	→	Right onto 6th St NE, into the left turn lanes	0.0
95.	28.1	←	Left onto C St NE	0.1
96.	28.3	1	Continue onto Massachusetts Ave NE	0.3
97.	28.6	†	Continue straight around Columbus Circle NE	0.2
98.	28.7	7	Slight right onto First St NE protected bike lane (it's green!)	0.6
99.	29.3	→	Right onto M St NE	0.1
100	29.4	Þ	Sharp right onto Metropolitan Branch Trail ramp	0.0
101	29.5	+	Sharp left to go up the ramp and stay on Metropolitan Branch Trail	0.4
102	29.9	1	Continue past Alethia Tanner Park on the Metropolitan Branch Trail. You're almost to the end!	0.8
103	30.7	→	Slight right to continue on the Metropolitan Branch Trail	0.0
104	30.8	1	Continue onto Metropolitan Branch Trail	0.2
105	31.0	1	Continue under the bridge	0.0
106	31.0	→	Right onto 8th St NE/Edgewood St NE	0.1

5.1	miles.	+192/	'-88	feet
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Num	Dist	Туре	Note	Next
107	31.1	ค	Before Hamlin St, use the service road on the right hand side to make a U-turn	0.0
108	31.2	→	Service road back the way you came towards Dew Drop Inn	0.0
109	31.2	i	ROUTE ENDS: Dew Drop Inn	0.0
110	31.2	9	End of route	0.0