

**60**  
miles



50 States Ride 2024

## DIAMOND ROUTE

presented by

*Wegmans*



**WABA**  
WASHINGTON AREA  
BICYCLIST ASSOCIATION

presented by



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## Thank you to our sponsors:



## Welcome to the 50 States Ride

The full ride guide is available at [waba.org/rideguide](http://waba.org/rideguide).

You're about to embark on the ultimate DC biking adventure—60 miles of riding across all of the city's state-named avenues! This challenging route will take you on an unforgettable journey through the heart of Washington, DC, showcasing its diverse neighborhoods, iconic streets, and plenty of hidden gems.

### The best way to have a great ride:

- » **Take Your Time:** This ride is designed to be an adventure, not a race. Pace yourself, enjoy the route, and don't forget to take in the unique sights along the way.
- » **Stay Safe:** Remember, safety is key! Follow the route cues closely, be mindful of pedestrians and drivers, and stick to the cycling infrastructure wherever possible.
- » **Fuel Up:** Make the most of our fully stocked pit-stops! Grab a quick snack, refill on water, and take a moment to rest to keep you energized on your journey.

### What to look out for along the way:

- » **Iconic State-Named Avenues:** You'll cross every single state-named avenue in DC, each with their own personality and charm.
- » **DC's Neighborhoods:** Discover all sides of the city as you pedal through lively corridors, tree-lined streets, and historic districts.
- » **Unique Landmarks:** Be sure to spot a variety of DC's must-see landmarks and hidden corners, from the Capitol dome to tucked-away parks that locals know and love.

## PIT STOPS

Pit-stops are for you to take a break, refill your water bottle, grab a snack, and chat with WABA staff and volunteers!

- » Canal Park (mile 8 and 24) .....7:30 AM - 11:00 AM
- » CityCenterDC (mile 31) ..... 9:00 AM - 2:00 PM
- » City Ridge (mile 42) ..... 10:00 AM - 3:00 PM
- » Takoma (mile 49)..... 10:30 AM - 4:00 PM

Sweet and salty pre-packaged snacks and water will be available at each pit-stop.

Each pit-stop also offers access to restrooms.

## Finish Line

The ride ends at Kraken- we hope you'll join us there for a post-ride party! Secure your bike at our convenient bike valet station then hang out inside where you can enjoy food and beverages (including a boxed lunch if you pre-purchased one). And, look out for games and giveaways.

- » Kraken (mile 60) ..... 11:00 AM - 4:30 PM

## Let's make this a ride to remember!

Thank you for supporting WABA's efforts to create safer streets for all cyclists. Have fun, stay safe, and enjoy your ride across DC's 50 states!

The full ride guide is available at [waba.org/rideguide](http://waba.org/rideguide).

## SAFETY INFORMATION

### Be aware that:

- » Streets are not closed to traffic.
- » The route is unmarked.

### Participants are expected to:

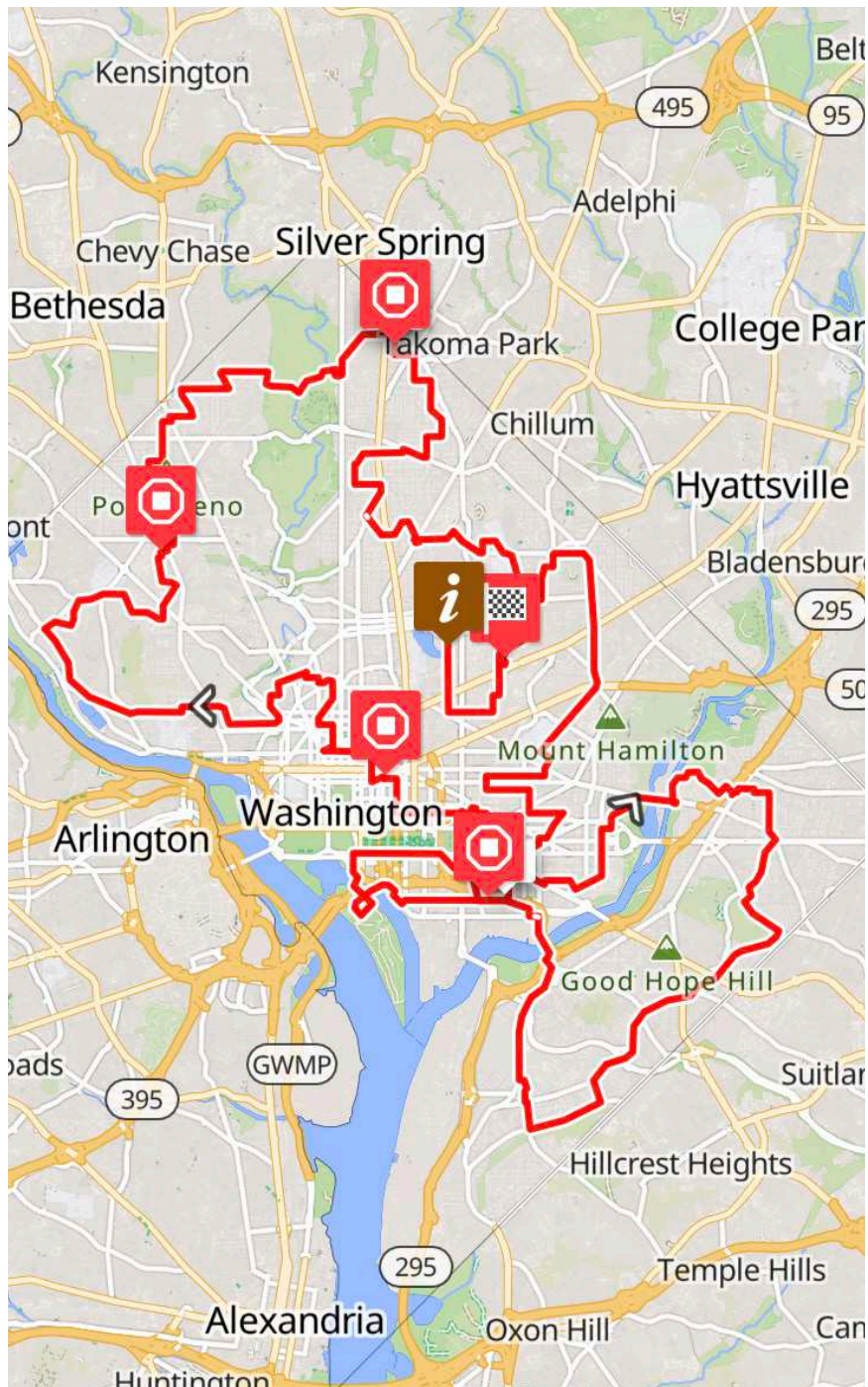
- » Call 911 in case of an emergency (you should carry a charged cell phone on your ride, just in case)
- » Have an emergency-contact who is not a ride participant "on call" during the ride (again, just in case!)
- » Call WABA if you are stranded and need assistance from a SAG Vehicle: **(802)-274-9185**

## RIDE MARSHALS

Ride Marshals in neon vests are WABA volunteers who have signed up to assist you on this ride. Ride Marshals' names and a unique number are on their vests.

If you need help with navigation, have a mechanical issue with your bike, or have a medical issue and aren't sure what to do, Ride Marshals can help.

Ride Marshals are also happy to be your riding buddy. Look for our No Drop riding group at check-in to ride with designated Ride Marshals and other riders who want to stick together for a little extra support and community during the ride.



## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
0	Right	From Ride Check-in area head right towards 4th Street Northeast	0.1
0.1	Left	Turn left	0
0.1	Right	Turn right towards parking lot exit	0
0.1	Right	Turn right onto 4th Street Northeast	0.1
0.2	Right	Turn right onto Edgewood Street Northeast	0.3
0.5	Slight Right	Keep right onto Edgewood Street Northeast and head downhill	0.1
0.6	Left	Turn left onto 8th Street Northeast. Take cycletrack on the left side.	0.5
1.1	Right	Turn right onto Monroe Street Northeast	0.2
1.3	Left	Turn left onto 12th Street Northeast	0.4
1.7	Right	Turn right onto Randolph Street Northeast	0.1
1.8	Left	Turn left onto 13th Street Northeast	0.1
2	Right	Turn right onto MICHIGAN Avenue Northeast	0
2	Right	Turn right onto Taylor Street Northeast	0.4
2.3	Right	Turn right onto SOUTH DAKOTA Avenue Northeast	0.1
2.4	Right	Turn right onto 18th Street Northeast	0.8

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
3.2	Straight	Cross Rhode Island Avenue Northeast to stay on 18th Street Northeast	0.6
3.8	Left	Turn left onto MONTANA Avenue Northeast	0.1
3.9	Straight	Proceed across New York Avenue and keep right onto WEST VIRGINIA Avenue Northeast	1.1
5.1	Left	Turn left onto Neal Street Northeast	0.1
5.2	Right	Turn right onto Montello Avenue Northeast	0
5.3	Generic	Be aware of extra activity ahead due to H Street Festival	0.2
5.5	Right	Turn right onto I Street Northeast contraflow bike lane	0.7
6.2	Left	Turn left onto 2nd Street Northeast	0.2
6.3	Left	Turn left onto G Street Northeast contraflow bike lane	0.5
6.9	Right	Turn right onto 9th Street Northeast	0.3
7.1	Left	Turn left onto D Street Northeast	0.4
7.6	Sharp Right	Turn sharp right onto TENNESSEE Avenue Northeast	0.2
7.8	Left	Continue on Tennessee Avenue through 13th Street	0.2
7.9	Right	Turn right onto East Capitol Street Northeast	0.1

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
8	Left	Turn left onto 11th Street Northeast	0
8	Straight	Take bike lane past East Capitol Street Northeast to turn right ahead	0.1
8.1	Right	Turn right onto NORTH CAROLINA Avenue Southeast	0.6
8.7	Left	Turn left onto 3rd Street Southeast	0.1
8.9	Right	Turn right onto E Street Southeast	0.2
9.1	Left	Turn left onto NEW JERSEY Avenue Southeast	0.3
9.4	Left	Turn left onto I Street Southeast	0.1
9.5	Control	Pause at Canal Park pit-stop on the right	0
9.5	Control	Leave pit-stop and continue on I Street Southeast	0.2
9.7	Straight	Continue straight onto cycle path	0.1
9.7	Left	Turn left to cross Southeast Freeway on 6th Street Southeast	0.3
10	Right	Turn right onto SOUTH CAROLINA Avenue Southeast	0.1
10.1	Straight	Continue Straight on D Street Southeast	0.1
10.2	Left	Turn left onto 8th Street Southeast	0
10.2	Sharp Right	Turn sharp right onto PENNSYLVANIA Avenue Southeast	0.3



## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
10.5	Left	Turn left onto 12th Street Southeast	0
10.6	Right	Turn right onto E Street Southeast	0.3
10.9	Right	Turn right onto KENTUCKY Avenue Southeast	0.1
11	Left	Turn left onto Potomac Avenue Southeast	0.1
11.2	Generic	Enter Potomac Avenue Southeast cycletrack on right side	0.2
11.4	Left	Turn left on 19th Street Southeast	0.6
12	Right	Turn right onto Constitution Avenue Northeast	0.1
12.1	Left	Turn left on 21st Street Southeast	0.1
12.1	Straight	Cross C Street Northeast onto OKLAHOMA Avenue Southeast	0.5
12.6	Right	Turn right on Benning Road Bike Path	0.5
13.1	Slight Right	Turn slight right onto Anacostia Waterfront Trail	0
13.2	Slight Right	Keep right to head north under Benning Road Bridge	0.8
14	Slight Right	Keep right	0
14	Straight	Proceed straight onto Foote Place Northeast	0.2
14.2	Left	Turn left onto Kenilworth Terrace Northeast	0.1

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
14.3	Right	Turn right onto curb cut to proceed on sidewalk to pedestrian ramp	0
14.3	Right	Turn right onto Parkside Pedestrian Bridge ramp	0.2
14.5	Left	Head to the left then right to exit Minnesota Avenue Metro Station	0
14.6	Left	Turn left onto MINNESOTA Avenue Northeast	0.1
14.6	Right	Turn right onto Gault Place Northeast	0.2
14.8	Right	Turn right onto 42nd Street Northeast	0
14.9	Left	Turn left onto Grant Street Northeast	0.2
15	Right	Turn right onto 44th Street Northeast	0.5
15.5	Left	Turn left onto Benning Road Northeast	0.1
15.7	Right	Turn right then quick left across East Capitol Street	0
15.7	Slight Right	Keep right onto TEXAS Avenue	0.7
16.4	Left	Turn left onto Burns Street Southeast	0.1
16.5	Right	Turn right onto G Street Southeast	0.1
16.6	Left	Turn left onto Ridge Road Southeast	0.6
17.1	Right	Turn right onto ALABAMA Avenue Southeast	0.1
17.3	Straight	Continue Straight across Burns Street	0

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
17.3	Slight Right	Keep right onto Alabama Avenue Southeast	1.9
19.2	Straight	Continue onto Alabama Avenue Southeast	0.2
19.4	Left	Turn left onto Alabama Avenue Southeast	0.9
20.3	Left	Turn left onto 18th Street Southeast	0.3
20.6	Right	Turn right onto MISSISSIPPI Avenue Southeast	0.9
21.5	Right	Turn right onto Wheeler Road Southeast	0.3
21.9	Left	Turn left onto Alabama Avenue Southeast then quick right	0
21.9	Right	Turn right onto 8th Street Southeast	0.2
22.1	Left	Turn left onto Sycamore Drive Southeast	0.1
22.2	Left	Turn left onto Cypress Street Southeast	0.1
22.2	Right	Turn right onto Martin Luther King Junior Avenue Southeast	1.5
23.7	Left	Turn left onto Marion Barry Avenue Southeast	0.1
23.8	Straight	Proceed straight under underpass	0.1
23.9	Right	Turn right onto trail after underpass	0.1
24	Left	Turn left onto 11th Street bridge side path	0.3

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
24.2	Slight Left	Jog to the left and continue straight on 11th Street Southeast side path	0.2
24.5	Left	Turn left onto M Street Southeast	0.1
24.6	Right	Turn right onto 9th Street Southeast	0.1
24.7	Left	Turn left onto VIRGINIA Avenue Southeast cycletrack	0.3
25	Left	Turn left onto cycletrack spur towards I Street Southeast	0
25	Straight	Continue Straight on I Street Southeast	0.2
25.2	Generic	Pause at Canal Park pit-stop on left side	0
25.2	Generic	Leave Canal Park pit-stop and continue on I Street Southeast	1
26.2	Left	Turn left onto 7th Street Southwest	0.1
26.3	Right	Turn right onto MAINE Avenue Southwest	0.2
26.4	Right	Turn right onto 9th Street Southwest	0.1
26.5	Left	Turn left onto L'Enfant Plaza Southwest	0.1
26.6	Generic	Head uphill and follow around circle	0.1
26.6	Left	Follow around circle to curb cut on east side of the circle	0
26.6	Right	Turn right at curb cut onto path	0
26.7	Left	Turn left onto pedestrian ramp	0.4

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
27	Straight	Continue straight on path alongside freeway	0.1
27.1	Slight Left	Follow curve to the left into East Potomac Park	0.1
27.2	Straight	Continue straight	0.1
27.3	Left	Turn left onto Buckeye Drive Southwest	0.2
27.5	Left	Turn left onto OHIO Drive Southwest	0.3
27.8	Right	Turn right to exit East Potomac Park	0.1
28	Slight Left	Take slight left across Ohio Drive Southwest to join cycletrack	0.1
28	Right	Turn right and cross Maine Avenue Southwest to continue in cycletrack	0.2
28.3	Right	Turn right onto Independence Avenue Southwest	1.1
29.3	Right	Turn right onto WASHINGTON Avenue Southwest	0.2
29.6	Left	Turn left onto D Street Southwest	0.4
30	Left	Turn left onto 2nd Street Southeast	0.7
30.6	Left	Turn left onto D Street Northeast	0.1
30.8	Right	Turn right onto 1st Street Northeast	0.1
30.8	Sharp Left	Turn sharp left at crosswalk to take sidewalk path to Delaware Avenue Northeast	0.1

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
30.9	Left	Turn left onto DELAWARE Avenue Northeast	0.1
30.9	Right	Turn right onto D Street Northeast	0.1
31	Right	Turn right onto North Capitol Street	0
31.1	Sharp Left	Turn sharp left onto LOUISIANA Avenue Northwest	0
31.1	Right	Turn right onto D Street Northwest	0.2
31.3	Straight	Continue straight as D Street Northwest becomes Indiana Avenue Northwest	0.2
31.5	Straight	Continue Straight on INDIANA Avenue Northwest before it becomes D Street Northwest again	0.4
31.9	Right	Turn right onto 9th Street NW Cycletrack	0.4
32.3	Left	Turn left onto I Street Northwest	0.1
32.4	Generic	Pause at CityCenterDC pit-stop	0
32.4	Generic	Leave pit-stop and exit to right onto 11st Street Northwest	0
32.5	Right	Turn right onto 11th Street Northwest cycletrack	0
32.5	Sharp Left	Turn sharp left onto NEW YORK Avenue Northwest	0.2
32.6	Sharp Right	Turn sharp right onto 13th Street Northwest	0.5
33.1	Left	Turn left onto N Street Northwest	0.1



## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
33.2	Left	Turn left onto VERMONT Avenue Northwest	0
33.2	Slight Right	Keep right to approach traffic circle	0
33.3	Left	Turn left onto 14th Street Northwest towards traffic circle	0
33.3	Straight	At roundabout, take exit after Massachusetts Avenue onto M Street Northwest	0
33.3	Right	Turn right onto M Street Northwest	0.4
33.8	Right	Turn right at curved turnoff before Connecticut Avenue	0
33.8	Right	Turn right onto RHODE ISLAND Avenue Northwest	0.1
33.9	Left	Turn left onto 17th Street Northwest	0.3
34.2	Left	Turn left onto Church Street Northwest	0.2
34.3	Right	Turn right onto 18th Street Northwest	0.1
34.4	Slight Right	Turn right onto NEW HAMPSHIRE Avenue Northwest	0.3
34.7	Left	Turn left onto 17th Street Northwest	0.2
34.9	Left	Turn left onto V Street Northwest	0.1
35	Left	Turn left onto FLORIDA Avenue Northwest	0.1
35.1	Right	Turn right onto CALIFORNIA Street Northwest	0.1

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
35.1	Right	Turn right onto 18th Street Northwest	0.1
35.2	Left	Turn left onto WYOMING Avenue Northwest	0.2
35.3	Right	Turn right onto 19th Street Northwest	0
35.4	Right	Turn right onto COLUMBIA Road Northwest	0
35.4	Sharp Left	Turn sharp left onto Kalorama Road Northwest	0.4
35.8	Left	Turn left onto 23rd Street Northwest	0.2
35.9	Right	Turn right onto California Street Northwest	0.1
36	Left	Turn left onto 24th Street Northwest	0.1
36.2	Left	Turn left onto MASSACHUSETTS Avenue Northwest	0.1
36.3	Slight Right	At roundabout, head right onto 23rd Street Northwest	0.1
36.4	Right	Turn right onto Q Street Northwest	0.6
37	Right	Turn right onto 31st Street Northwest	0.2
37.2	Left	Turn left onto R Street Northwest	0.5
37.7	Left	Turn left onto 37th Street Northwest	0.1
37.8	Right	Turn right onto Reservoir Road Northwest	1.2
39	Slight Right	Keep right onto Macarthur Boulevard Northwest	1

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
40	Sharp Right	Turn sharp right onto ARIZONA Avenue Northwest	0.2
40.2	Right	Turn right onto Garfield Street Northwest	0.2
40.4	Left	Turn left onto University Terrace Northwest	0.3
40.7	Right	Turn right onto Loughboro Road Northwest	0.2
40.9	Straight	Loughboro Road Northwest becomes NEBRASKA Avenue Northwest	0.1
41	Right	Turn right onto Macomb Street Northwest	0.2
41.3	Right	Turn right onto NEW MEXICO Avenue Northwest cycletrack	0.2
41.5	Left	Turn left onto Cathedral Avenue Northwest	0.4
41.9	Left	Turn left onto 39th Street Northwest	0.2
42.1	Slight Right	Turn slight right onto IDAHO Avenue Northwest	0.3
42.4	Left	Turn left onto Newark Street Northwest	0.2
42.6	Right	Turn right onto 39th Street Northwest	0.3
42.9	Generic	Go around Roundabout and enter driveway into City Ridge development straight ahead	0
42.9	Slight Right	Keep right	0

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
42.9	Straight	Continue onto Ridge Square Northwest	0
42.9	Generic	Pause at City Ridge pit stop ahead on sidewalk in front of Wegmans	0
43	Generic	Leave pit-stop and continue onto Ridge Square Northwest	0
43	Right	Turn right onto Ridge Square Northwest	0.1
43.1	Sharp Left	Turn sharp left onto WISCONSIN Avenue Northwest	0.1
43.2	Right	Turn right onto Upton Street Northwest	0.1
43.3	Left	Turn left onto 38th Street Northwest	0.6
43.9	Left	Turn left onto Chesapeake Street Northwest	0.3
44.2	Right	Turn right onto 41st Street Northwest	0.4
44.6	Right	Turn right onto Harrison Street Northwest	0.2
44.8	Left	Turn left onto 39th Street Northwest	0.5
45.2	Right	Turn right onto Morrison Street Northwest	0.1
45.4	Sharp Left	Turn sharp left onto CONNECTICUT Avenue Northwest	0.1
45.4	Sharp Right	Turn sharp right onto McKinley Street Northwest	0.3
45.7	Left	Turn left onto NEVADA Avenue Northwest	0.4

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
46.1	Right	Turn right onto Rittenhouse Street Northwest	0.6
46.7	Sharp Left	Turn sharp left onto UTAH Avenue Northwest	0.2
46.9	Right	Turn right onto 32nd Street Northwest	0
46.9	Right	Turn right onto Tennyson Street Northwest	0.6
47.5	Right	Turn right onto OREGON Avenue Northwest	0.2
47.6	Left	Turn left onto Bingham Drive Northwest	0.4
48.1	Left	Turn left onto Beach Drive Northwest	0.4
48.5	Right	Turn right onto Sherrill Drive Northwest	0.3
48.8	Left	Turn left onto 16th Street Northwest	0.2
49	Right	Turn right onto ALASKA Avenue Northwest	0.4
49.4	Right	Turn right onto Geranium Street Northwest	0.4
49.8	Right	Turn right onto 8th Street Northwest	0.2
50	Generic	Pause at Takoma pit-stop	0
50	Generic	Leave Takoma pit-stop and continue onto 8th Street Northwest	0.1
50.1	Left	Turn left onto Dahlia Street Northwest	0.2
50.3	Right	Turn right onto 5th Street Northwest	0.3

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
50.6	Left	Turn left onto Whittier Street Northwest	0.2
50.8	Right	Turn right onto 3rd Street Northwest	0.4
51.2	Left	Turn left diagonally onto NORTH DAKOTA Avenue Northwest	0.2
51.4	Right	Turn right onto 2nd Street Northwest	0.2
51.6	Right	Turn right onto Oglethorpe Street	0.2
51.8	Left	Turn left onto 3rd Place Northwest	0.3
52	Right	Turn right onto Longfellow Street Northwest	0
52.1	Slight Right	Keep right onto Missouri Avenue Northwest	0.3
52.3	Sharp Left	Turn sharp left onto 7th Street Northwest	0
52.4	Right	Turn right onto Madison Street Northwest	0.3
52.6	Straight	Continue straight across Georgia Avenue Northwest	0.2
52.8	Left	Turn left onto COLORADO Avenue Northwest	0.2
53	Left	Turn left onto 14th Street Northwest. Beware of construction.	0.2
53.3	Left	Turn left onto Hamilton Street Northwest	0.3

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
53.6	Right	Turn right onto GEORGIA Avenue Northwest	0.1
53.7	Slight Right	Turn right onto ARKANSAS Avenue Northwest	0.3
54	Left	Turn left onto Iowa Avenue Northwest using crosswalk before flex posts	0.3
54.3	Left	Turn left onto Webster Street Northwest	0
54.4	Straight	Continue straight across Georgia Avenue Northwest	0.1
54.5	Left	Turn left onto KANSAS Avenue Northwest	0.2
54.7	Right	Turn right onto Buchanan Street Northwest	0.1
54.7	Right	Turn right onto ILLINOIS Avenue Northwest	0.2
54.9	Straight	At roundabout, exit onto Varnum Street three quarters of the way around	0.1
55.1	Right	Turn right onto Varnum Street Northwest	0.4
55.4	Left	Turn left onto Rock Creek Church Road Northwest	0.1
55.6	Right	Turn right onto Harewood Road Northwest	0.4
56	Generic	Use caution moving over to the left lane to turn left ahead	0.1

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
56	Left	Turn left onto 2nd Street Northeast	0.1
56.2	Right	Turn right onto Varnum Street Northeast	0.2
56.3	Right	Turn right onto HAWAII Avenue Northeast	0.2
56.5	Left	Turn left onto Taylor Street Northeast.	0
56.5	Slight Right	Keep right. Do not cross bridge ahead.	0
56.5	Right	Turn right to exit Taylor Street toward John McCormack Road	0.1
56.6	Right	Turn right onto John McCormack Road	0.4
57	Slight Right	As you approach metro station get onto sidewalk on right side of the road	0
57	Right	Turn right onto pathway between concrete columns to head into university campus	0.1
57.1	Slight Left	Head left past fountain plaza towards Alumni Lane	0
57.2	Straight	Proceed straight on Alumni Lane	0.1
57.2	Straight	Pass Father O'Connell Hall on your left side	0.1
57.3	Straight	Enter roundabout and head right to first exit	0
57.4	Slight Right	Exit roundabout and head downhill towards Harewood Road Northeast	0.1

## 50 STATES ROUTE

Mile	Turn	Direction	Next Cue In
57.4	Left	Turn left onto Harewood Northeast slip lane towards Michigan Avenue Northeast	0
57.5	Right	Turn right at crosswalk onto cycletrack	0.1
57.6	Straight	Use caution crossing Irving Street Northeast to continue on cycletrack	0.5
58.1	Generic	Prepare to turn left onto 1st Street Northwest. Use signal and crosswalk.	0
58.1	Sharp Left	Turn sharp left to cross Irving Street Northwest onto 1st Street Northwest	0.4
58.4	Straight	Cross Michigan Avenue Northwest	0.7
59.1	Straight	Use caution crossing Rhode Island Avenue Northwest	0.3
59.4	Left	Turn left onto R Street Northwest	0.1
59.5	Straight	Use caution crossing North Capitol Street Northwest	0.4
59.9	Left	Turn left onto 3rd Street Northeast	0.2
60.2	Right	Turn right onto T Street Northeast	0.1
60.2	Left	Turn left onto 4th Street Northeast	0.3
60.5	Straight	Cross Rhode Island Avenue Northeast	0.1
60.6	Right	Turn right into Bryant Street NE development parking lot	0.1
60.7	Left	Turn left towards Kraken and ride finish.	